



















# A LETTER FROM THE CHILD & YOUTH CARE PROGRAM COORDINATOR

# DOUGLAS



**Hello CYC Practicum Students & Host Organizations!** I write to you from Coquitlam, the traditional and unceded territories of the Kwikwetlem and QayQayt First Nations where Douglas College's Child & Youth Care programs reside. Throughout the diploma and degree credentials, CYC practicum is a special time in students' learning journeys, and the benefits of on-site learning are numerous!

CYC faculty truly get excited about connecting students with host organizations, guiding students through practicum, and witnessing the outcome. We are grateful to all of the organizations and field supervisors who support our students in their practicum journeys. The relational, conceptual, and practical connections made via practicum fuel the faculty, students, and our community partners in a myriad of ways where we can see and examine CYC theory with practice, the development and deepening of CYC competency, the contribution of student energy and knowledge to the community, and so on. These experiences inspire future employment, further academic pursuits ... the list goes on!

Many hours of consultation and correspondence went into making this booklet a reality, one that reflects our relational practice of knowing, being, and doing. As current practicum coordinator, please enjoy this booklet as you engage in your practicum journey and I invite you to connect with us, anytime.

Yvonne Gomez, MSW  
CYC Faculty & Co-Coordinator  
Faculty of Applied Community Studies  
Douglas College






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**INTERSECTS THEORY  
& PRACTICE**




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**DEVELOPS CYC  
COMPETENCIES**




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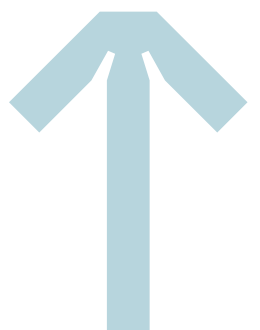
**INCREASES  
EMPLOYABILITY**




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**CONTRIBUTES TO  
COMMUNITY**

**CHILD & YOUTH  
CARE PRACTICUM**








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## **CYCC 1240**

Practicum, 150 hours

[www.douglascollege.ca/  
course/cycc-1240](http://www.douglascollege.ca/course/cycc-1240)




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## **CYCC 2440**

Practicum, 150 hours

[www.douglascollege.ca/  
course/cycc-2440](http://www.douglascollege.ca/course/cycc-2440)



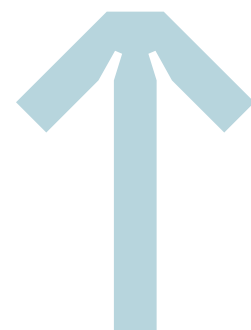

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## **CYCC 4410/4411**

Advanced Practice in CYC  
Part 1 & 2, 400 hours

[www.douglascollege.ca/  
course/cycc-4410](http://www.douglascollege.ca/course/cycc-4410)

[www.douglascollege.ca/  
course/cycc-4411](http://www.douglascollege.ca/course/cycc-4411)







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# 1



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# 2

## CYC PRACTICUM PEDAGOGY & WISDOM

**The Experiential Learning Cycle**

**CYC Praxis**

**Self-Exploration**

**The Tangible & Intangible Benefits of  
CYC Practicum**

**Words of Wisdom: Supervisors,  
Faculty, & Students**



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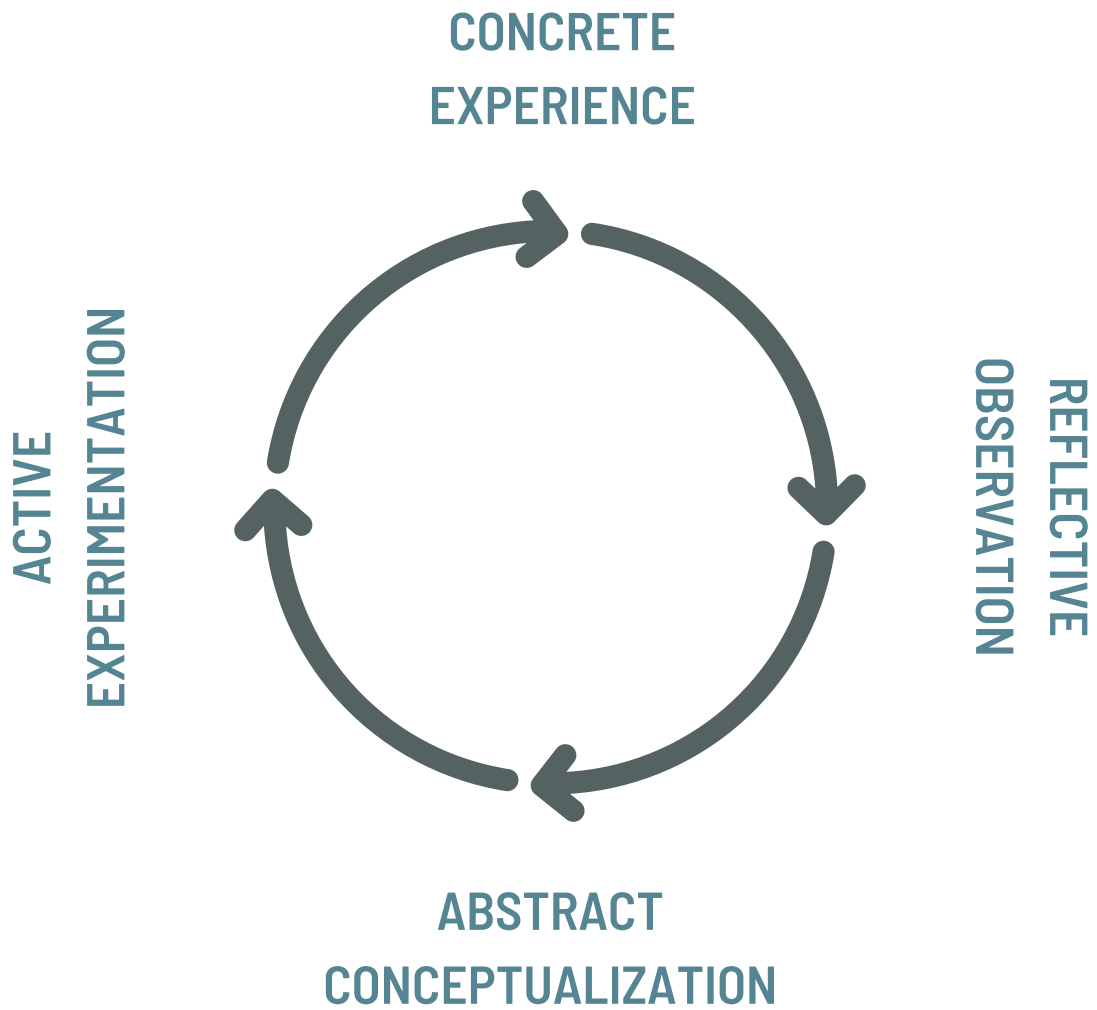
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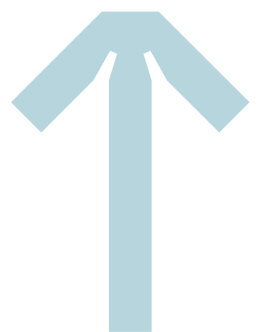








# THE EXPERIENTIAL LEARNING CYCLE



Adapted from: Kolb, D. A. (2015). *Experiential learning: Experience as the source of learning and development* (2nd ed.). Pearson.



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## KNOWING

the personal, professional, and academic knowledge we bring to our work

self understanding /  
practical/experiential / professional /  
creative/artistic /  
theoretical/empirical /  
communal/dialogic / critical /  
philosophical/epistemological/ethical

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## DOING

the development and application of skills and competencies

professional identity and conduct /  
direct client care and engagement /  
program planning / implementation /  
and evaluation / social justice  
advocacy / strengthening social  
environments and social policies /  
critical thinking and reflection skills /  
noticing and attending / interpreting  
and making meaning / collaborating  
and deliberating with others / acting  
and self-reflecting / articulating and  
justifying



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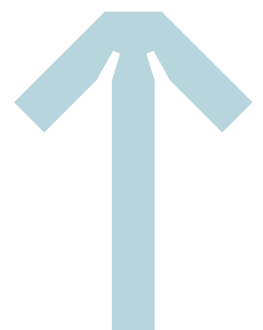
## BEING

how you show up in your work with young people and families

mindful and self aware / relational and  
collaborative / curious and open /  
respectful / strengths-orientation /  
caring and responsive / holistic /  
inclusive and participatory /  
situationally immersed / social justice  
advocacy and accountability



# CYC PRAXIS



# SELF - EXPLORATION

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## LOOKING AHEAD TO INFORM THE PRESENT

Look ahead to inform your present decisions. Work through the questions below & use the example for direction. Ask for help if and when you need it. Let this brainstorming help inform your conversations in the practicum placement process.

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**WHAT IS MY DREAM JOB?**

**CHILD PROTECTION**

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What are the necessary skills, information, populations, and so on that would be necessary to learn about to be able to apply for this job?

Possible Responses: Crisis support; mental health and behavioural challenges; outreach; relationships between government and agency services; racialized and overrepresented populations in care; legislation; advocacy; etc.

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Where, and in what capacity, would I learn these things?

Residential group homes; alternative schools; family support; youth shelters; youth outreach; etc. and eventually a child protection setting.

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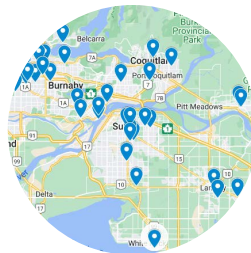





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## STUDENTS

- Gain and broaden experience
  - Connect & apply coursework to fieldwork
  - Build confidence & competence
  - Learn more about oneself
  - Gain employability skills, build resume, etc.
  - Expand professional network
  - And more!
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## ORGANIZATIONS

- Mentor future employees
  - Presence of additional responsible adults
  - Relationship with post-secondary institution
  - Develop supervisory capacity
  - Give back to the professional community
  - Invite fresh perspectives & energy
  - Support a culture of learning
  - And more!
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## FACULTY/COLLEGE

- Extend learning beyond classroom
  - Ensure competent & critically reflective graduates
  - Meet external governing bodies' requirements
  - Maintain relationships, knowledge, relevance, and presence in the field
  - And more!
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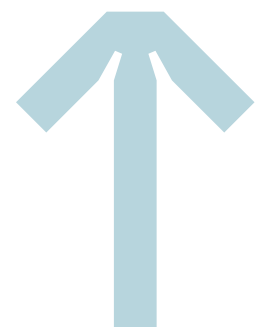



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## WIDER COMMUNITY

- Fill labour-market & social service industry needs
- Support the wider social care system with competent & critically reflective graduates
- And more!

THE TANGIBLE &  
INTANGIBLE  
BENEFITS OF CYC  
PRACTICUM







## CYC SUPERVISOR

Having had a small part in helping practicum students grow and develop, as well as seeing the important connections that they have made with our youth makes being a practicum student supervisor so very worthwhile!"

- CYC Practicum Supervisor,  
SD 36 YES Programs



## CYC SUPERVISOR

It's important to me to give back and to mentor those coming after me as I was honoured with the teachings of those who came before me. I believe I have a duty to support the growth of up-and-coming CYCs and help them find where they fit within the unique broadness of the many roles the diploma/degree program opens doors to.

- CYC Practicum Supervisor  
SD 43 Indigenous Education



## CYC SUPERVISOR

The opportunity to give new and upcoming youth workers a fulsome view of what youth work truly looks like and what they can expect coming into the field. That includes everything, the challenges, the struggles, the aha moments, and the beauty in youth work.

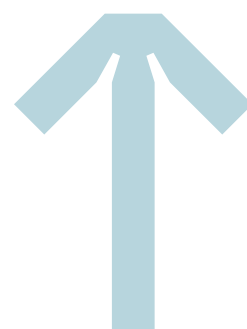
- CYC Practicum Supervisor  
Pacific Community Resources Society



## CYC SUPERVISOR

The more people who know how to do this critically important work, the better.

- CYC Practicum Supervisor  
SD 36 Education Services





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## CYC FACULTY

Westcoast Family Centres is a fantastic agency working with families who experience vulnerabilities caused by poverty, racism, and colonialism. Students get the opportunity to collaborate with their mentor, provide direct service to families, and is well-suited for students interested in developing their understanding of and ability to navigate multiple systems and/or graduate education in counselling.

- CYC Faculty  
Westcoast Family Centres



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## CYC FACULTY

FRAFCA is an amazing Indigenous organization with many programs intricately connected to the needs of the community. Indigenous ways of knowing, doing, and being come alive through wise Elders, programs and activities, and staff experience and professional development pursuits.

- CYC Faculty  
Fraser Region Aboriginal  
Friendship Centre Association



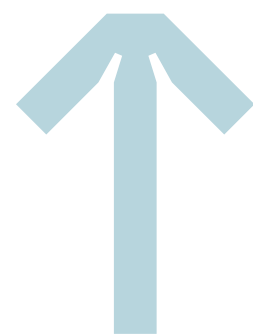
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## CYC FACULTY

McCreary is a terrific placement for students interested in research and policy development. The opportunity to learn more about how research informs direct practice in our communities and how to collaboratively work with stakeholders directly impacted by community research is a huge positive aspect here!

- CYC Faculty  
McCreary Centre Society

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## CYC STUDENT

What I liked best about this practicum experiences was how to utilize a strength-based approach and trauma-informed practice. I had to think of ideas on how to decolonize my current practice. I met a lot of different people and to this day I have had many opportunities to work in different jobs!

- CYC Practicum Student  
City of Vancouver Parks & Recreation

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## CYC STUDENT

I learned so much from seeing how students' personal lives and school lives intersect, and how they carry over what they learn from one place to another. You never know the impact you have on a student.

- CYC Practicum Student  
SD 42: Maple Ridge & Pitt Meadows

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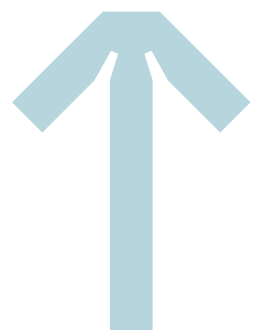
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## CYC STUDENT

Take your practicum very seriously. Show yourself as someone eager to learn. Even if they don't assign you a task, create something that would benefit the agency. It was a great opportunity to learn about Indigenous communities, their needs and challenges and how this agency is trying to provide access to services in one place. They're very open to new ideas!

- CYC Practicum Student  
Fraser Region Aboriginal  
Friendship Centre Association

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## CYC STUDENT

Every week I got to work with kids at an elementary school and got the best experience by creating an Explorations program for all genders. I got to bring my knowledge and it gave me an open mind. It's especially good for part-time placements.

- CYC Practicum Student  
Big Brothers Big Sisters



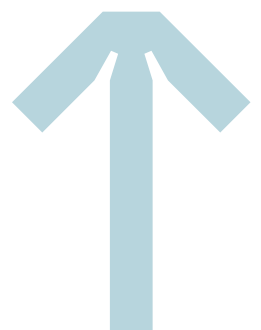
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## CYC STUDENT

What I liked best about this practicum experience is the various teams to connect with: housing, victim services, food security, drop-in centre, and alternative school. There is a lot going on, so be proactive and engage in the different areas.

- CYC Practicum Student  
Pacific Community Resources Society

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## CYC PRACTICUM PROFILES & CYC PRACTICUM CLUSTERS

**School Settings**

**Residential, Specialized Housing, & Outreach Settings**

**Community Outreach & Youth Resource Centre Settings**

**Community Recreation & Mentoring Settings**

**Family-Focused Settings**

**Specialized Mental Health & Substance Use Settings**

**Child Protection Specialization Settings**

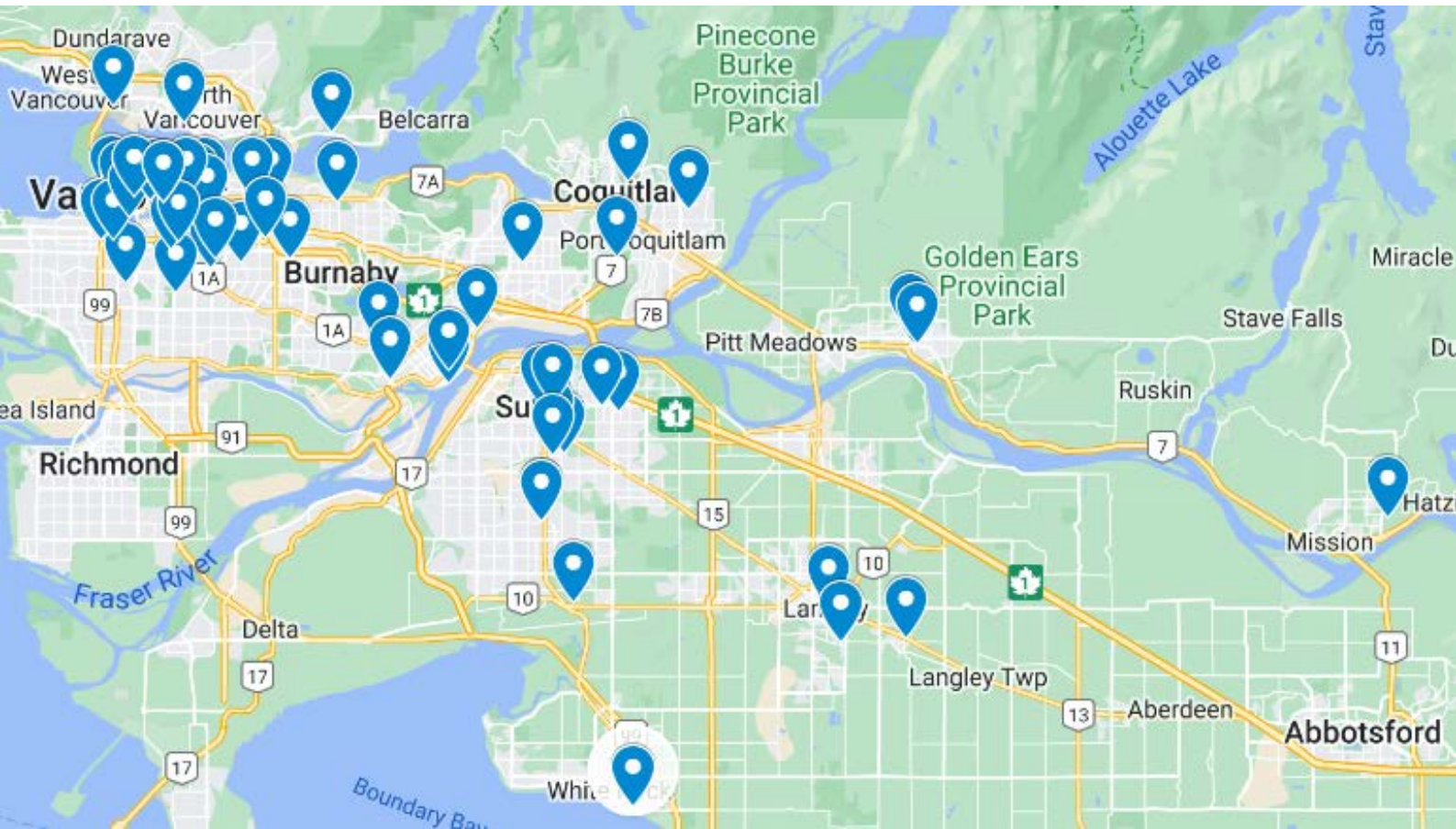
**Research & Program Development Settings**




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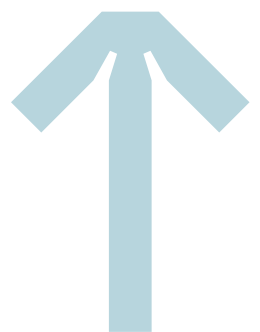
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\*Map excludes hundreds of schools (across Metro Vancouver school districts), parent organization's specific sites (e.g. recreation centres within municipalities, clubs, or satellite offices), as well as Agencies' confidential residential home locations.

# CYC PRACTICUM ACROSS METRO VANCOUVER







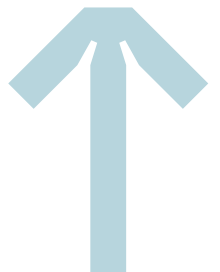
SCHOOL DISTRICT 36: SURREY  
ELEMENTARY & SECONDARY  
SCHOOLS; EDUCATION SERVICES;  
Y.E.S. PROGRAM



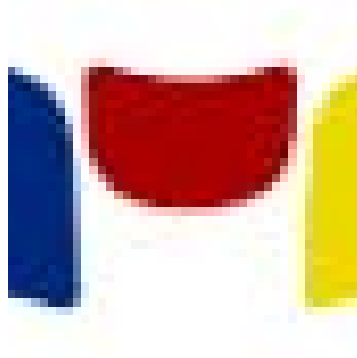
SCHOOL DISTRICT 43:  
COQUITLAM (TRI-CITIES)  
ELEMENTARY, MIDDLE, &  
SECONDARY SCHOOLS;  
INDIGENOUS EDUCATION



SCHOOL DISTRICTS 42, 35, 40, 41,  
39 & MORE (METRO VANCOUVER)



CYC AT SCHOOL SETTINGS



**UNYA: ARIES PROGRAM  
(VANCOUVER)**

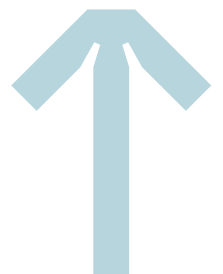


**THE CHILDREN'S FOUNDATION:  
ALDERWOOD FAMILY DEVELOPMENT  
CENTRE (VANCOUVER)**



**PACIFIC COMMUNITY RESOURCES  
SOCIETY: EVLC & TREES  
(VANCOUVER & SURREY)**

**CONTINUED**







# SD 36 EDUCATION SERVICES SCHOOL



Type: Schools, specialized programs



CYC Practicum  
Year(s): All Years



Location(s): Surrey



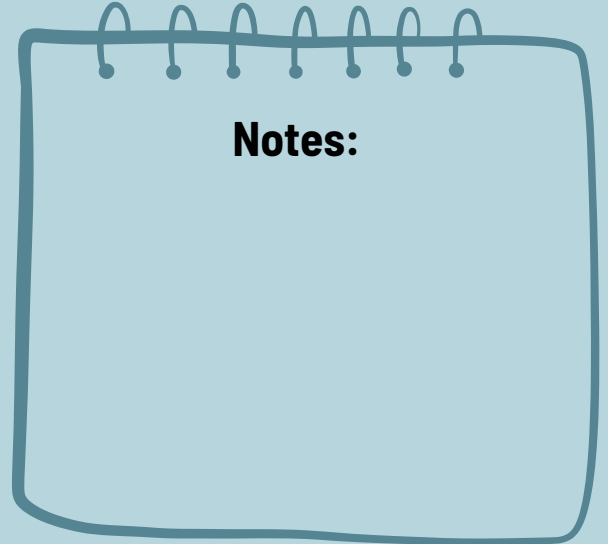
Ages: Children & Youth

“

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YOU NEED TO BE PASSIONATE ABOUT DELIVERING A HIGH LEVEL OF CARE AND COMPASSION TO THE PEOPLE YOU ARE SERVING. WE CAN TEACH ANYONE TO "DO" ANYTHING BUT WE CANNOT TEACH PEOPLE TO LOVE KIDS AND FAMILIES WHO ARE VULNERABLE AND AT-RISK.

- PRACTICUM SUPERVISOR



## What do CYC practicum students do?



Connect and build continued relationships with youth



Support student self-efficacy and self-care, social-emotional, and life skills



Support students with academics



Work alongside staff to develop activities for youth



Learn about trauma-informed, inclusive, collaborative practice and Indigenous ways-of-knowing



Learn through experience, mentorship, and communities of practice



# SD 36 YES (YOUTH EDUCATIONAL SUPPORT)



Type: Schools, specialized programs



CYC Practicum  
Year(s): Mainly 1st and 2nd Year



Location(s): Surrey

(LA Matheson, Princess Margaret, Kwantlen Park & Johnston Heights Secondary Schools)

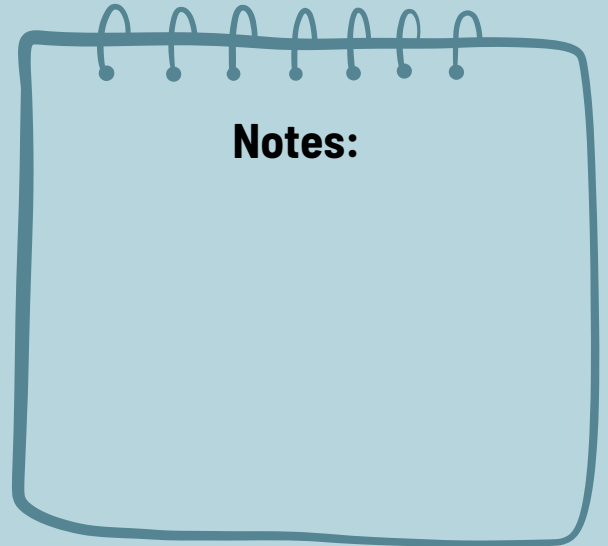


Ages: Youth

“

COME PREPARED TO DIVE IN, LEARN LOTS, CONTRIBUTE WHO YOU ARE, AND ABOVE ALL, HAVE THE AMAZING PRIVILEGE OF MENTORING, ADVOCATING FOR, GUIDING, CARING FOR, AND LISTENING TO YOUTH! YOU WILL NEVER BE THE SAME AGAIN!

- PRACTICUM SUPERVISOR



## What do CYC practicum students do?



Make connections with youth



Assist with supervising the YES drop-in (before school, during lunchtime, and after school) and other school-wide initiatives



Provide emotional and sometimes academic support to students in the classroom



Work 1-1 with a small caseload of students to support greater school success



Hone your social-emotional, mediation, advocacy, and collaboration skills

Explore more! <https://www.surreyschools.ca/>



# SD 43 YOUTH WORKERS @ SCHOOLS



Type: Schools, Elementary, Middle, and Secondary



CYC Practicum  
Year(s): Mainly 1st and 2nd Year



Location(s): Port Moody, Coquitlam, & Port Coquitlam

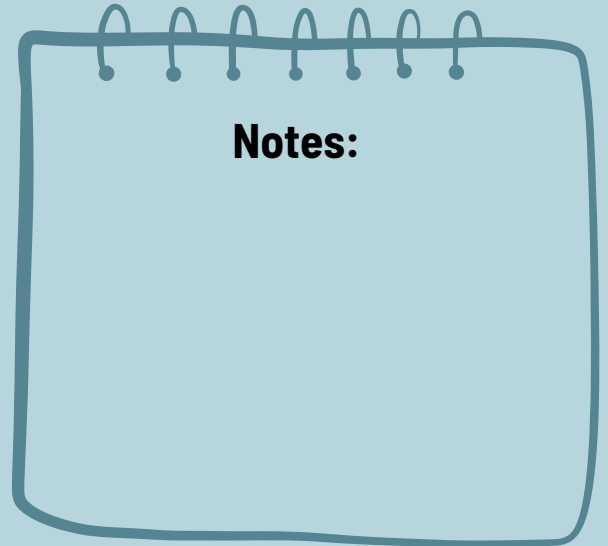


Ages: Children & Youth

“

ITS A GREAT OPPORTUNITY FOR SOMEONE TO BRING IN FRESH NEW IDEAS AND OFFER A NEW PERSPECTIVE ON A SITUATION. IT'S A CHANGE FOR SOME STUDENTS TO CONNECT WITH AN ADULT WHO ISN'T SCHOOL STAFF. WE LOVE THE ENERGY AND POSITIVITY THAT PRACTICUM STUDENTS BRING.

- PRACTICUM SUPERVISOR



## What do CYC practicum students do?



Building connections with children and youth



Support social, emotional, academic, and life-skills



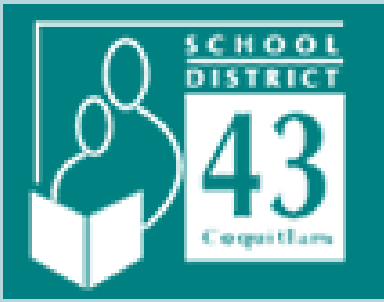
Participate in the breakfast/lunch programs, monitor late arrivals, support small group sessions and classrooms, problem-solve between peers, and more



Advocate for students and families, connect with community resources and programs



Learn within a school or alternate program, within elementary, middle, or secondary schools



# SD 43 INDIGENOUS EDUCATION



Type: Schools, Elementary, Middle, and Secondary



CYC Practicum  
Year(s): Any Years



Location(s): Port Moody, Coquitlam, & Port Coquitlam

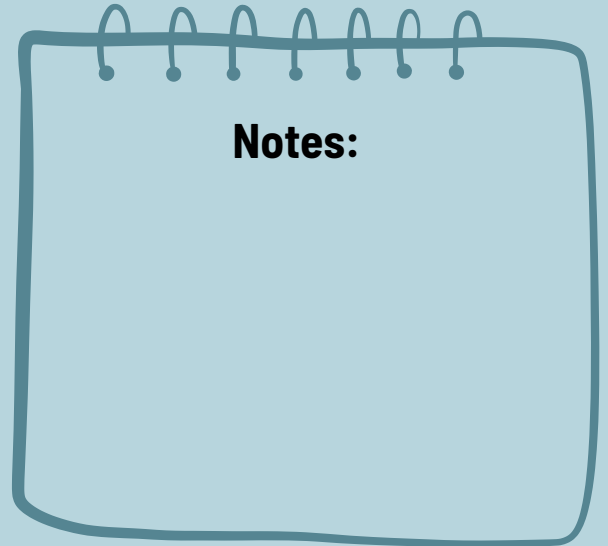


Ages: Children & Youth



YOUTH WORKERS NEED TO BE FLEXIBLE AND AVAILABLE FOR THE EVER-CHANGING NEEDS OF THE STUDENTS AND SCHOOL. I RECOMMEND YOU HAVE KNOWLEDGE AND UNDERSTANDING OF INDIGENOUS WAYS OF KNOWING AND BEING. MOST IMPORTANTLY, COME HUMBLE AND READY TO LEARN!

- PRACTICUM SUPERVISOR



## What do CYC practicum students do?



Engage 1-1 with Indigenous children & youth



Build social-emotional and life-skills, support families & cultural identity



Attend school-based support team meetings & collectively respond to young people's needs



Support post-graduation plans



Researching, navigating, and sharing local community and cultural opportunities and resources

Learn through mentorship, collaboration, 1-1 time with a supervisor

Explore more! [www.sd43.bc.ca/AbEd/](http://www.sd43.bc.ca/AbEd/)



**HOLLYBUR**  
Family Service

**HOLLYBURN FAMILY SERVICES  
(VANCOUVER, NORTH  
VANCOUVER)**

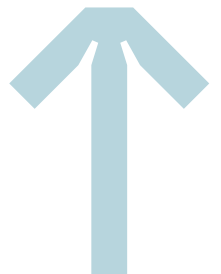


**ST LEONARDS YOUTH AND  
FAMILY SERVICES SOCIETY  
(BURNABY, SURREY)**



**COVENANT HOUSE  
(VANCOUVER)**

**CYC AT RESIDENTIAL,  
SPECIALIZED HOUSING, &  
OUTREACH SETTINGS**





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**ATIRA WOMEN'S RESOURCE  
SOCIETY: SORELLA HOUSING  
(VANCOUVER)**

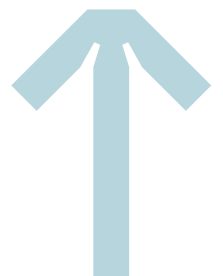


**FRAFCA: ALL NATIONS YOUTH  
SAFE HOUSE (SURREY)**



**PLEA COMMUNITY  
SERVICES: UTURN &  
LIGHTHOUSE**

**CONTINUED**





# ST. LEONARD'S YOUTH & FAMILY SERVICES



Type: Residential  
Group Homes



CYC Practicum  
Year(s): Mainly 1st  
and 2nd Year



Location(s):  
Burnaby, Surrey, &  
more

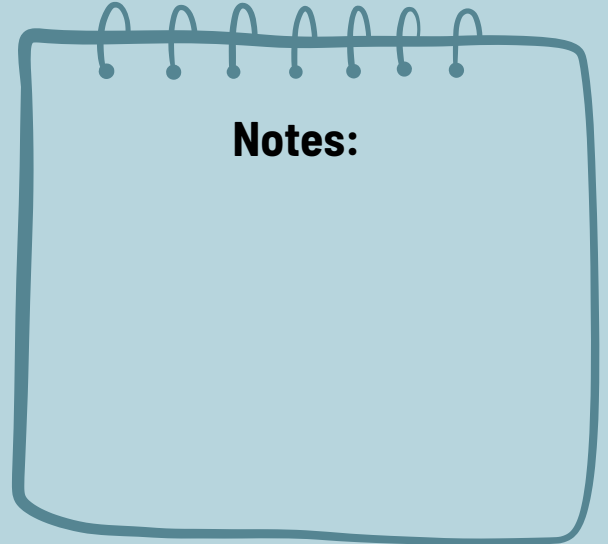


Ages: Youth

“

ANYTHING CAN HAPPEN WITH RESIDENTIAL! YOUR PRACTICUM IS WHAT YOU MAKE IT! THERE CAN BE UNEVENTFUL DAYS WHERE YOUTH ARE RELUCTANT TO ENGAGE AND DAYS WHERE YOUTH WILL NOT LEAVE YOU ALONE. IT'S IMPORTANT TO BE ABLE TO TAKE INITIATIVE IN ANY SITUATION.

- PRACTICUM SUPERVISOR



## What do CYC practicum students do?



Building rapport with youth



Supporting youth to build daily life skills



Organizing recreational activities with youth



Accompanying staff to youth appointments



Completing daily progress notes

Contribute to intake meetings & safety planning



Connect youth with community and family supports



# HOLLYBURN FAMILY SERVICES



Type: Residential Group Homes



CYC Practicum  
Year(s): Mainly 1st and 2nd Year



Location(s):  
Vancouver, North Vancouver & more

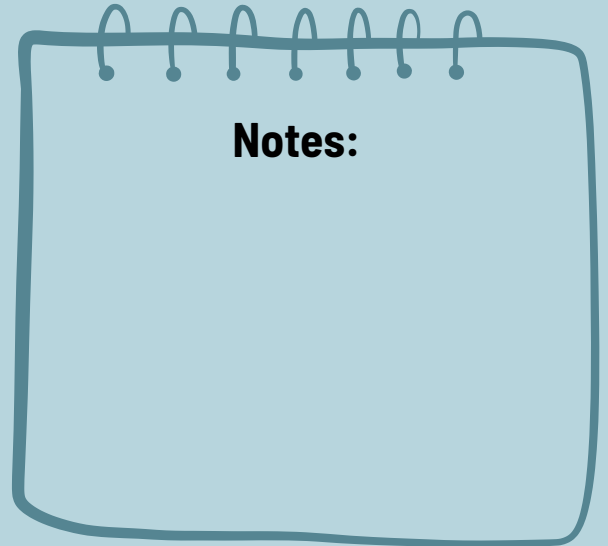


Ages: Youth



ATTACHMENT, REGULATION, AND COMPETENCY (ARC): OUR ULTIMATE GOAL IS TO HELP STABILIZE INDIVIDUALS, CREATE ATTACHMENT WITH CONSISTENCY AND RELATIONSHIPS, AND SUPPORT INDEPENDENCE & COMMUNITY INTEGRATION. ALL BEHAVIOUR IS A FORM OF COMMUNICATION.

- PRACTICUM SUPERVISOR



## What do CYC practicum students do?

- Support young people to build life-skills and independence with a client-centred approach
- Support the development and implementation of behaviour support and safety plans
- Balance everyday home routines and therapeutic programming
- Accompany home staff and clients to recreation outings, doctors' appointments, etc.
- Enrol in mandatory Non Violent Crisis Intervention training
- Remaining and modelling being calm in intense and difficult situations





# COVENANT HOUSE



Type: Street Outreach & Supportive Housing



CYC Practicum  
Year(s): Mainly 2nd and 4th Year



Location(s):  
Vancouver

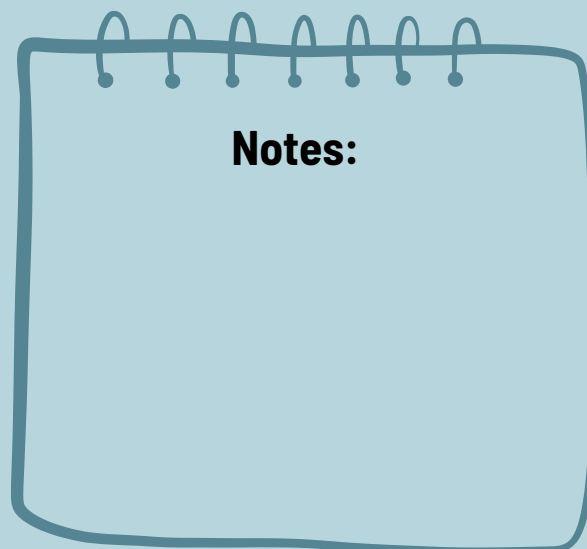


Ages: Older Youth

“

PRACTICUM STUDENTS ARE OUR FUTURE, A NEW GENERATION AND DIFFERENT OUTLOOK ON THE WORLD. THAT'S WHAT'S EXCITING: IT'S REFRESHING AND MAKES THE FIELD GROW.

- PRACTICUM SUPERVISOR



## What do CYC practicum students do?



Involvement in the Rites of Passage, Crisis Response, and/or Community Support programs



Hang out with youth in the library, community space, or shooting baskets in the gym



Meet youth where they're at: ages 16-24 years, experiencing homelessness, mental health & substance use issues, with barriers to education and work experience



Professional development opportunities: trauma-informed, stages of change, motivational interviewing, True Colours (LGBTQIA+), NVCI, First Aid, and more

Explore more! <https://www.covenanthousebc.org>



# ATIRA WOMEN'S RESOURCE SOCIETY



Type: Supportive Housing



CYC Practicum  
Year(s): Primarily 4th Year



Location(s):  
Vancouver

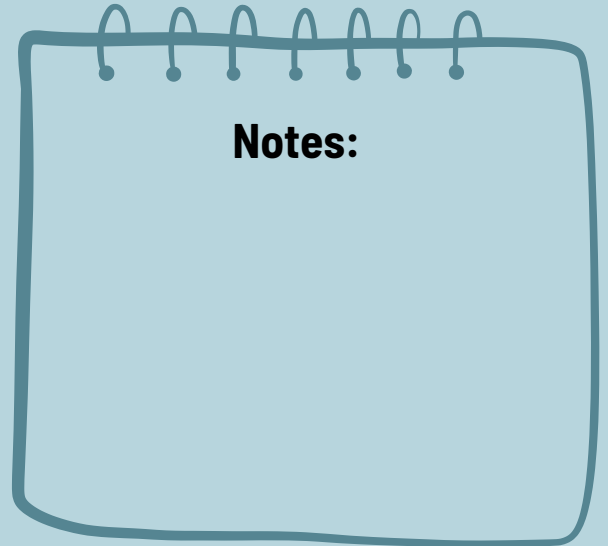


Ages: Women & Children



BE A GOOD LISTENER. CREATE ACTIVITIES FOR THE WOMEN AND CHILDREN: THAT IS A WAY TO BRING THEM JOY AND TO SHARE EXPERIENCES BETWEEN EACH OTHER. BE PROACTIVE IN FINDING SOMETHING TO DO: OFFER HELP, TRY TO CONNECT, AND GIVE YOUR ATTENTION.

- PRACTICUM SUPERVISOR



## What do CYC practicum students do?



Support women and children affected by violence through safe and supportive housing



Provide childcare, facilitate arts & crafts activities in the building, & support community outings (park, beach, etc.)



Focus on social-emotional skills, life-skills, and family support, including emotional support to the mothers in the program as needed



Prepare reports to the family program with ideas and suggestions about activities for the children



Witness feminist, anti-racist, and intersectional approaches in practice



# PLEA COMMUNITY SERVICES: UTURN & LIGHTHOUSE



Type: Residential Care & Other Programming



CYC Practicum  
Year(s): Mainly 2nd and 4th Year



Location(s): Metro Vancouver

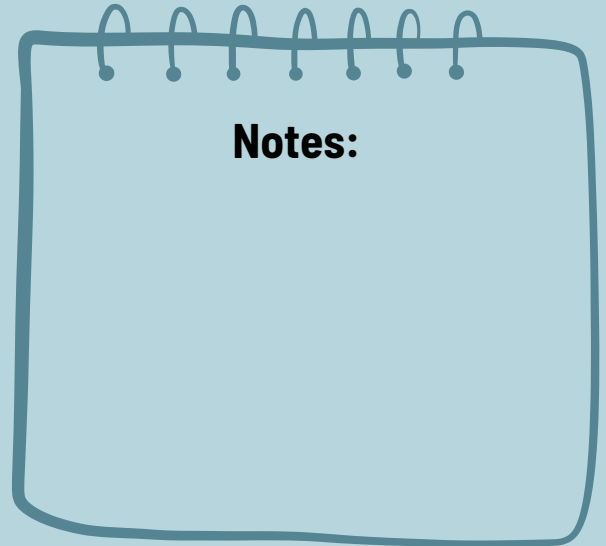


Ages: Youth



FORGET EVERY ASSUMPTION YOU HAVE ABOUT YOUTH IN CARE. THEY ARE OFTEN PAINTED WITH A NEGATIVE BRUSH IN WHICH THEY ARE BLAMED FOR LIFE CIRCUMSTANCES AND CONTINUOUS MALADAPTIVE COPING MECHANISMS. IN REALITY, THEY ARE KIDS WHO HAVE BEEN THROUGH AND CONTINUE TO GO THROUGH SO MUCH. THEY ARE RESILIENT UNICORNS.

- PRACTICUM SUPERVISOR



## What do CYC practicum students do?



Develop strong relationships with youth



Supporting life-skills development, social-emotional skills, stabilization, and family reunification



Attend outings with youth, to appointments and community activities



Supervision coaching occurs through shadowing staff, reviewing scenarios, addressing questions, and so on



Observe trauma-informed, client-centred, strengths-based, collaborative practice, and resiliency-theory



Participate in Lighthouse, U-Turn, and many other youth-services programs offered in PLEA





QMUNITY

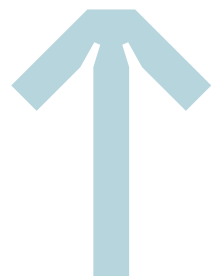


PACIFIC COMMUNITY RESOURCES SOCIETY: NEWTON YOUTH HUB



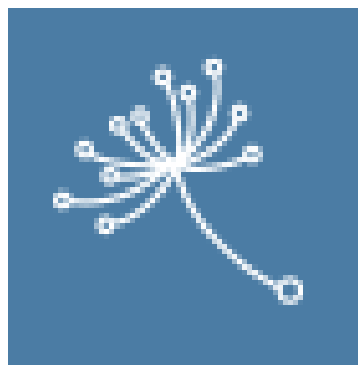
FRASER REGION ABORIGINAL FRIENDSHIP CENTRE SOCIETY: YOUTH AND YOUNG ADULTS PROGRAMS

CYC AT COMMUNITY  
OUTREACH & YOUTH  
RESOURCE CENTRE  
SETTINGS





**ASSOCIATION OF  
NEIGHBOURHOOD HOUSES BC**

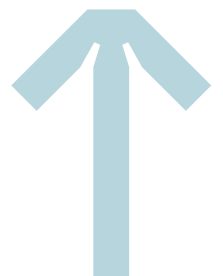


**DIRECTIONS YOUTH  
SERVICES (FSGV)**



**UNYA, UMOJA, UGTS,  
DIVERSECITY COMMUNITY  
RESOURCES, AND MANY MORE**

**CONTINUED**





# PACIFIC COMMUNITY RESOURCES SOCIETY



Type: Youth  
Services



CYC Practicum  
Year(s): Mainly 1st  
and 2nd Year



Location(s):  
Vancouver, Surrey

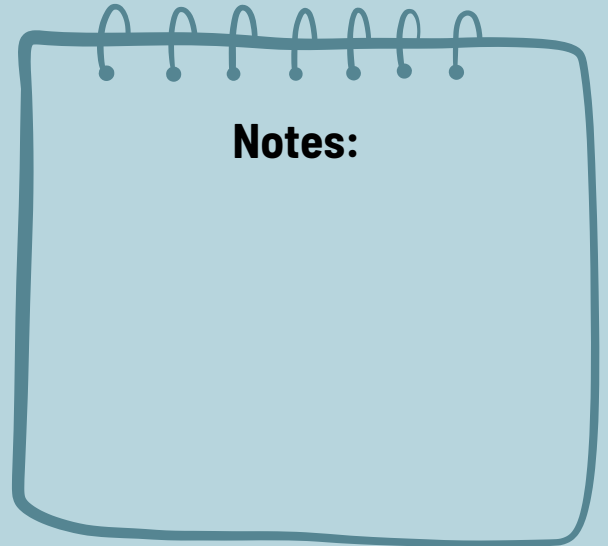


Ages: Youth

“

COME PREPARED TO LEARN, ASK ALL THE QUESTIONS (THERE ARE NO STUPID QUESTIONS ON PRACTICUM), BE CURIOUS, GLEAN EVERYTHING YOU CAN, BE PRESENT, AND BE ENGAGED.

- PRACTICUM SUPERVISOR



## What do CYC practicum students do?



1-1 support, youth centre programming, activity-based outings, and street & skytrain outreach



Learn through daily/weekly check-ins, mentoring, and teaching amongst the supervisors and staff



Observe trauma-informed, diversity & inclusion, collaborative practice, continuity of care, harm-reduction, and strength-based engagement approaches



Get involved in their IRAYL, SEY, Reconnect, Housing, Resource Centres, Youth Hubs, and more!





# QMUNITY



Type: Youth Services



CYC Practicum  
Year(s): Any Years

Must be 21 years of age, knowledge of anti-oppressive frameworks & inclusive language, working or volunteering with 2SLGBTQIA+ communities



Location(s):  
Vancouver

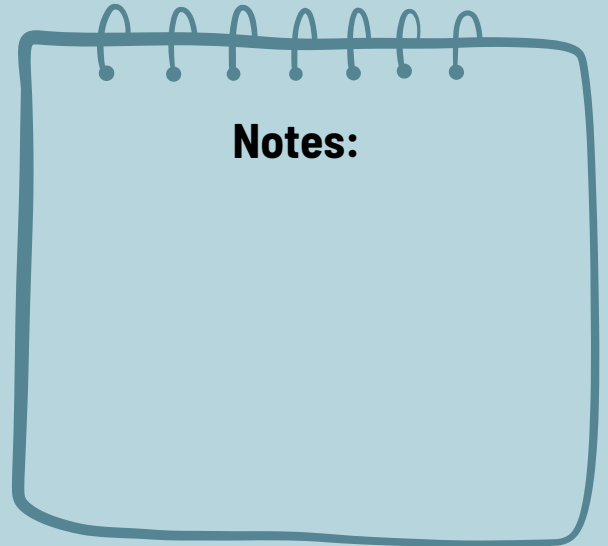


Ages: Youth &  
Older Youth



QMUNITY IS A VIBRANT COMMUNITY AGENCY THAT CREATES CONDITIONS FOR STAFF, STUDENTS, AND CLIENTS TO THRIVE. THERE ARE LOTS OF OPPORTUNITIES FOR CREATIVE, INNOVATIVE PRACTICE. IT'S ALSO A GREAT PLACEMENT FOR SOMEONE WHO LIKES TO WORK COLLABORATIVELY AND HAS THE CAPACITY FOR INDEPENDENT PROJECT WORK.

- CYC FACULTY



## What do CYC practicum students do?



Provide information, support, and referrals to queer and trans youth as well as resources for family, friends, and professionals



Maintain a safe place for lesbian, gay, bisexual, intersex, queer, questioning, asexual, and Two-Spirit and trans youth 25 years of age and younger and their allies



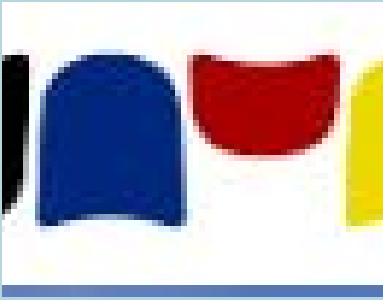
Support the GAB Youth Program through drop-in facilitation, event organization, youth support, and support running the BBB Program



Support Qmunity via small projects, and basic research and writing tasks

Explore more! [www.qmunity.ca/get-support/youth/](http://www.qmunity.ca/get-support/youth/)





# URBAN NATIVE YOUTH ASSOCIATION



Type: Youth Services



CYC Practicum  
Year(s): Any Years



Location(s):  
Vancouver

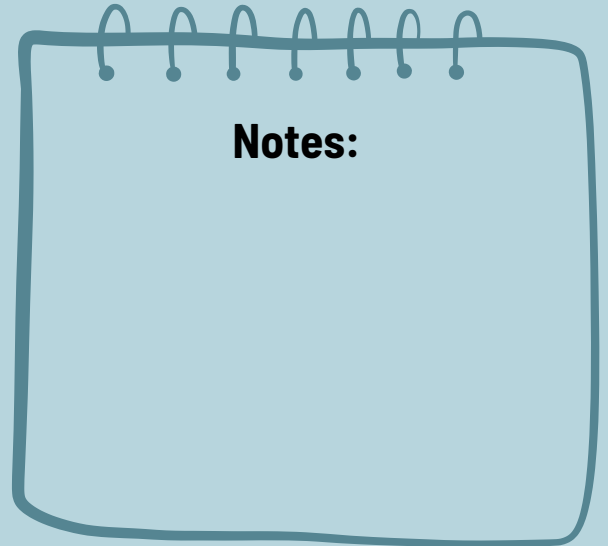


Ages: Youth &  
Older Youth

“

BE PREPARED TO PUSH YOURSELF TO TRY NEW THINGS AND GET IN THERE WITH YOUTH TO BUILD RELATIONSHIPS AND LEARN FROM DOING THE WORK. WE LOVE WATCHING STUDENTS WHO HAVE A PASSION FOR SERVICE WORK STRETCH THEIR LEARNING EDGE OUT OF A COMFORTABLE PLACE INTO A PLACE OF GROWTH.

- PRACTICUM SUPERVISOR



**Notes:**

## What do CYC practicum students do?



Build relationships, support life-skills, and engage in goal-planning with youth



Get involved in advocacy, care planning, prevention, and more



Learn more about trauma-informed practice, anti-oppressive practice, harm-reduction, person-centred care, culture as therapy, and two-eyed seeing



Experience a mentorship approach to supervision, where students learn by trying out the role and getting feedback from peers and a supervisor



Participate in any number of UNYA's youth programming (housing, education, outreach, and more)

Explore more! <https://unya.bc.ca>





CITY OF VANCOUVER:  
YOUTH SERVICES

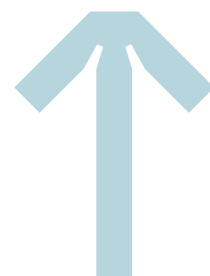


CITY OF MAPLE RIDGE & PORT  
COQUITLAM & SURREY: RECREATION



BRITANNIA COMMUNITY SERVICES  
CENTRE: TEEN CENTRE

CYC AT COMMUNITY  
RECREATION & MENTORING  
SETTINGS





**BIG BROTHERS BIG  
SISTERS FRASER VALLEY**

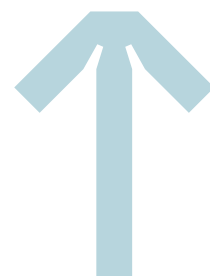


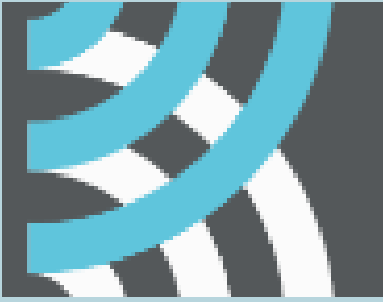
**BGC SOUTH COAST BC**



**DOUGLAS COLLEGE: CYC  
MENTORSHIP PROJECT**

CONTINUED





# BIG BROTHERS BIG SISTERS OF THE FRASER VALLEY



Type: Community Mentoring



CYC Practicum  
Year(s): Any Years



Location(s): Fraser Valley

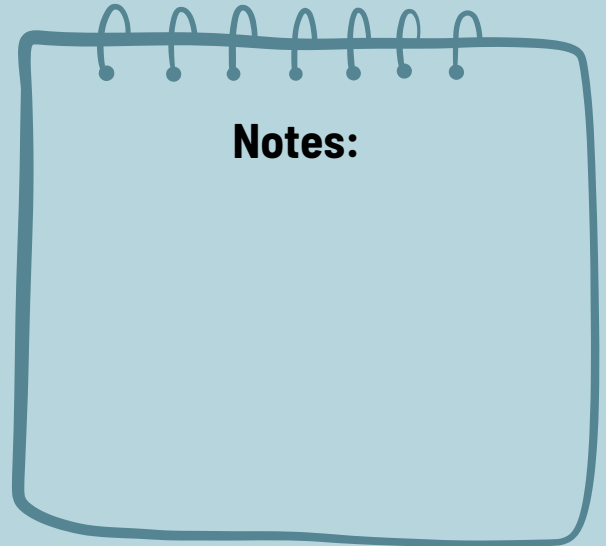


Ages: Middle Childhood

“

BBBS IS A GOOD OPPORTUNITY FOR STUDENTS WHO ARE INTERESTED IN SUPPORTING OTHERS: FACILITATING RELATIONSHIPS BETWEEN MENTOR AND MENTEE. STUDENTS INTERESTED IN DEVELOPING GROUP FACILITATION SKILLS CAN BENEFIT AS WELL.

- PRACTICUM SUPERVISOR



## What do CYC practicum students do?



Respond to social-emotional needs, build self-esteem, and support community engagement



Support the Mentoring Coordinators in their provision of the mentoring program, focusing on Developmental Relationships



Serve children ages 7-14 with a wide range of ethnicities, cultures, government care status, and developmental needs



Provide administrative support (entering data, phoning the waitlist, etc.) and potentially designing and implementing group programs





# BGC SOUTH COAST BC



Type: Residential Group Homes



CYC Practicum  
Year(s): Mainly 1st and 2nd Year



Location(s):  
Across Metro Vancouver

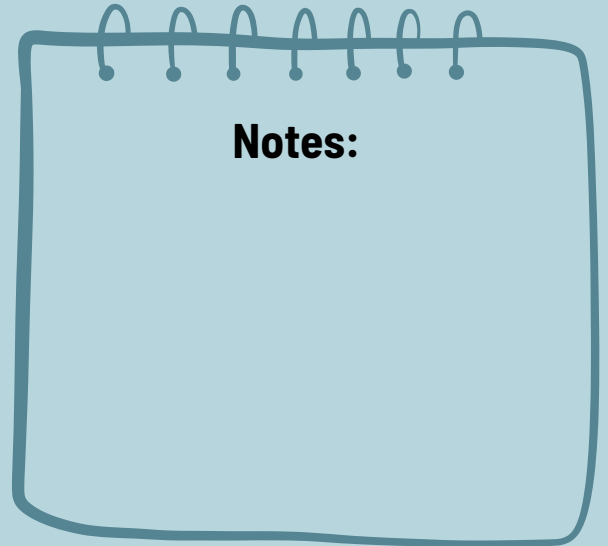


Ages: Children & Youth



WE LOVE HAVING CYC STUDENTS AT BGC, ESPECIALLY FOR THEIR EAGERNESS TO LEARN AND GROW, THEIR COMMITMENT TO THE FIELD, AND THE DEDICATION THEY GIVE TO THEIR PRACTICUM. WE OFTEN HIRE YOUR STUDENTS!

- PRACTICUM SUPERVISOR



## What do CYC practicum students do?



Guiding and mentoring kids and youth



Program planning and preparation, assisting the running of programs



Be guided by an emphasis on diversity, equity, and inclusion-informed work



Experience supervision via senior staff and life-space supervision



Be involved in any number of programs:

Sports/Health & Lifestyle, Mentoring & Leadership, Nutrition, Creative Arts, Music, and so on



# CITY OF VANCOUVER PARKS & RECREATION



Type: Community  
Recreation



CYC Practicum  
Year(s): Mainly 1st  
and 2nd Year



Location(s):  
Vancouver

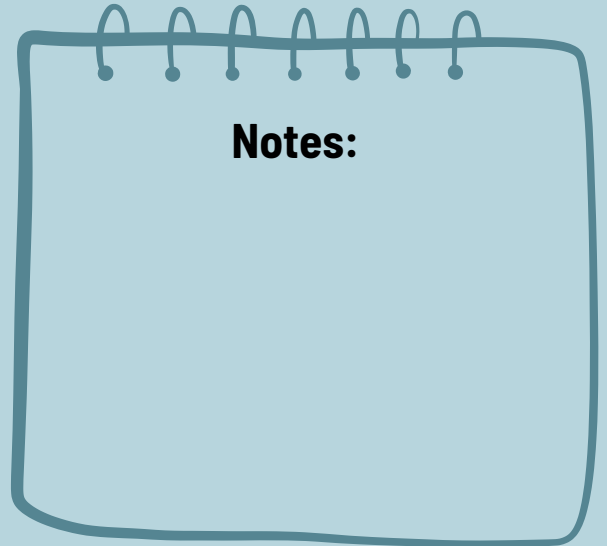


Ages: Older  
Children & Youth

“

PARKS AND RECREATION IS FUN,  
INSPIRING, AND REWARDING  
WORK. EXPECT TO BE INCLUDED  
NO MATTER WHO YOU ARE. TEACH  
US SOMETHING NEW OR A RECENT  
TREND OR INNOVATION IN CYC  
PRACTICE. BE FLEXIBLE. AFTER  
YOUR SHIFT, GO FOR A SWIM, OR  
SKATE, OR A WORKOUT! REFLECT,  
CLEAR YOUR HEAD, SOCIALIZE.

- PRACTICUM SUPERVISOR



**Notes:**

## What do CYC practicum students do?



Use relational skills, develop emotional  
intelligence



Listen, play pool and video games, attend  
meetings, respond to families and  
service provider calls,



Plan activities (recreation, sports,  
games, life-skills, field trips, and so on)



Observe harm-reduction, social justice,  
and community development in practice



Maintain healthy boundaries, take  
appropriate emotional risks, and be  
ready for regular, constructive feedback



Learn about a unionized environment  
and get curious about municipal issues



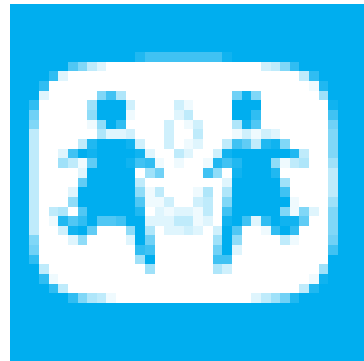




WESTCOAST FAMILY CENTRES

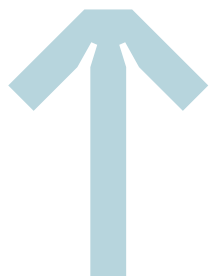


SPIRIT OF THE CHILDREN  
SOCIETY



SOS CHILDREN'S VILLAGE BC

# CYC AT FAMILY-FOCUSED SETTINGS





**XYÓLHEMÉYLH (FVACFSS)**

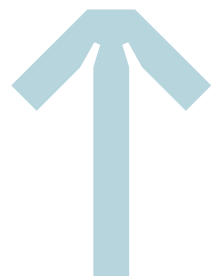


**SOURCES: FAMILY CONNECTIONS  
PROGRAM**



**VANCOUVER ABORIGINAL  
CHILD & FAMILY SERVICES  
SOCIETY**

**CONTINUED**





LANGLEY HOSPICE

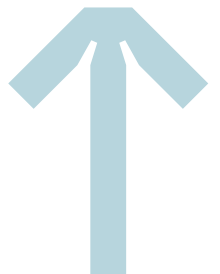


VANCOUVER COASTAL HEALTH  
AUTHORITY (MULTIPLE SITES)



PROVINCIAL HEALTH SERVICES  
AUTHORITY: BCCH CHILD & YOUTH  
INPATIENT PROGRAMS

# CYC AT SPECIALIZED MENTAL HEALTH & SUBSTANCE USE SETTINGS





**MCFD: MAPLES  
ADOLESCENT TREATMENT  
CENTRE; CHILD & YOUTH  
MENTAL HEALTH (SELECT  
MCFD OFFICES & CIRCLE 5)**

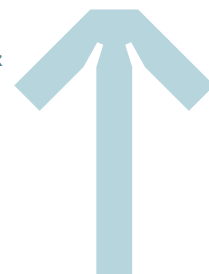


**FRASER HEALTH AUTHORITY:  
EARLY PSYCHOSIS  
INTERVENTION**



**SCHOOL DISTRICT 36: SURREY  
EDUCATION SERVICES SCHOOLS &  
SCHOOL PROGRAMS**

**CONTINUED**





# MCFD: MAPLES ADOLESCENT TREATMENT CENTRE



Type: Specialized  
Mental Health



CYC Practicum  
Year(s): Mainly 2nd  
and 4th Years



Location(s):  
Coquitlam

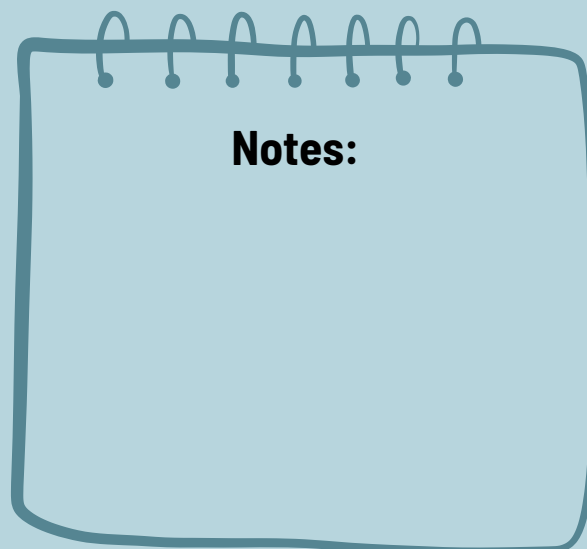


Ages: Youth

“

WE LOOK FORWARD TO WORKING WITH CYC STUDENTS AS YOU COMPLETE YOUR UNIQUE EDUCATIONAL JOURNEY. WE RECOGNIZE THE IMPORTANCE OF PRACTICUM PLACEMENTS AS A WAY OF DEVELOPING YOUR SKILLS IN WHICHEVER FIELD YOU CHOOSE.

- PRACTICUM SUPERVISOR



## What do CYC practicum students do?



Spend time building relationships with youth on-site and/or in the community



Assist with charting, meal prep, cleaning, taking youth to appointments, or going on outings in the community



Practice safety planning throughout

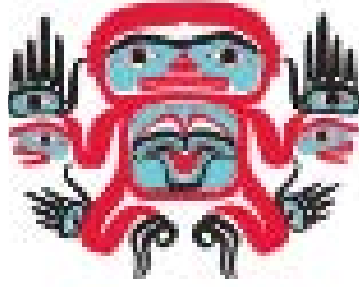


Participate in the Response, Dala, or Crossroads Programs; follow supervisor shift patterns



Work with a multi-disciplinary care team (child care counsellors, nurses, social workers, psychologists, psychiatrists, pediatricians, teachers, educational assessors, and so on)





VANCOUVER ABORIGINAL  
CHILD AND FAMILY  
SERVICES SOCIETY

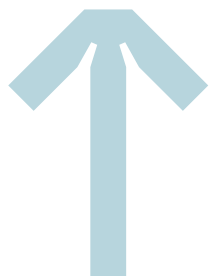


MINISTRY OF CHILDREN &  
FAMILY DEVELOPMENT



XYÓLHEMÉYLH (FVACFSS)

CYC AT CHILD PROTECTION  
(SPECIALIZATION)  
SETTINGS









# MINISTRY OF CHILDREN & FAMILY DEVELOPMENT



Type: Child  
Protection



CYC Practicum  
Year(s): 4th Year

Specific electives and other  
requirements apply.



Location(s):  
Offices Across BC

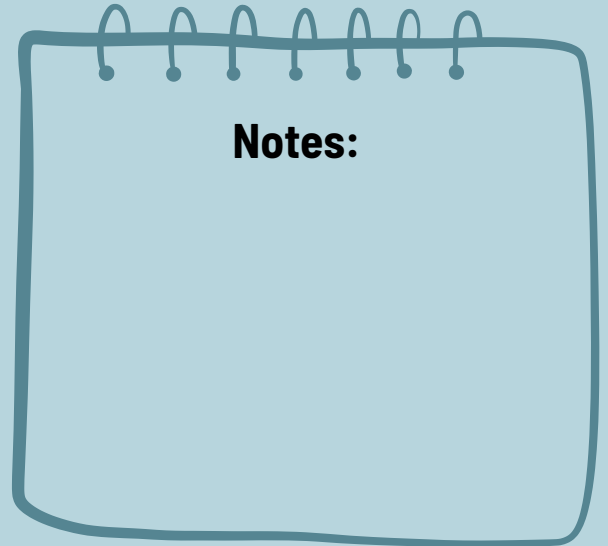


Ages: Children,  
Youth & Families

“

WE LOVE HAVING PRACTICUM STUDENTS AT OUR ORGANIZATION FOR THEIR NEW AND FRESH PERSPECTIVES, EAGERNESS TO LEARN AND APPLY THEORIES TO PRACTICES, MOTIVATION FOR MCFD STAFF TO BECOME BETTER PRACTITIONERS AND MENTORS, UP-BEAT ENTHUSIASM AND CURIOSITY, LOVE OF CHILDREN, YOUTH AND FAMILIES, AND COMPASSION AND DESIRE TO ASSIST AND SUPPORT.

- PRACTICUM SUPERVISOR



**Notes:**

## What do CYC practicum students do?



Shadow a mentor, experienced Child Welfare Practitioners



Receive reports; interview children, youth, and families; assess situations with tools and consultation; and provide documentation



Collaborate with families, visit different communities, and develop cross-cultural understandings and cultural competencies



Develop a comprehensive understanding of MCFD's vision, mission, and services



Experience a student-centred, strength based feedback process, with mentorship and 1-1 dedicated time as well as a community of practice supervision approach (Shadow->Participate->Lead)





CYC ASSOCIATION OF BC

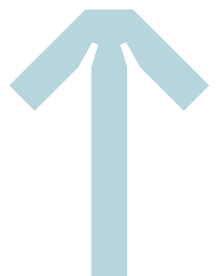


MCCREARY CENTRE SOCIETY



AND MANY MORE, BY REQUEST  
(EXAMPLE: EMPLOYER-SUPPORTED PROJECT)

CYC AT RESEARCH &  
PROGRAM DEVELOPMENT  
SETTINGS







# MCCREARY CENTRE SOCIETY



Type: Research, Evaluation & Youth Engagement



CYC Practicum  
Year(s): Mainly 1st and 2nd Year



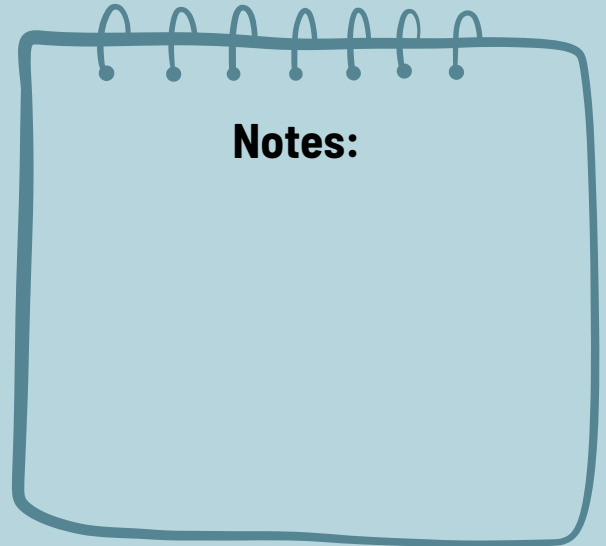
Location(s):  
Burnaby, Surrey



Ages: Youth & Young Adults



MCCREARY IS A TERRIFIC PLACEMENT FOR STUDENTS INTERESTED IN RESEARCH, POLICY DEVELOPMENT, AND THE OPPORTUNITY TO LEARN MORE ABOUT HOW RESEARCH INFORMS DIRECT PRACTICE IN OUR COMMUNITIES. A GREAT PLACEMENT FOR AN INDEPENDENT STUDENT AND SOMEONE INTERESTED IN PURSUING GRADUATE EDUCATION.  
- PRACTICUM SUPERVISOR



## What do CYC practicum students do?



Complete individual projects, which could include secondary analysis of existing data (BC Adolescent Health Survey), and accompanying literature reviews



Environmental scans, data collection, creation, and delivery of curriculum for the Youth Research Academy and/or working directly with McCreary's youth groups



Attend team meetings & work individually on selected projects; engage in a mentorship supervision approach with formal learning opportunities built in



Embody a positive youth development approach: inclusive, trauma-informed, and culturally-safe

Explore more! [www.mcs.bc.ca](http://www.mcs.bc.ca)



**ONLINE CHILD & YOUTH CARE DIPLOMA**

**WHAT WE DO**  
Support the holistic development and well being of young people and their families in community.

**PROGRAM**  
The Child and Youth Care program gives students an understanding of the challenges young people face, and prepares graduates for professional practice, focusing on working collaboratively in complex contexts, embodying a relational and ethical approach, focusing on strengths, designing therapeutic interventions, programs, and environments to best support young people, all with a foundation of interpersonal communication skills and self-awareness.

**CYC FAST FACTS**

- Continue your studies by applying to the on-campus CYC Degree
- Complete 2 required practicums in your community
- Two synchronous evening courses offered per term
- Complete the diploma requirements within 3 years

[cyc@douglascollege.ca](mailto:cyc@douglascollege.ca) | 1250 Pinetree Way, Coquitlam, BC | Child & Youth Care Program

**PRACTICUMS**  
Practicums provide students with the opportunity to apply their skills and knowledge in specific child and youth care settings. Benefits of practicums include:

- connect classroom learning with hands-on experience
- meeting professionals in your industry
- potential job opportunities post graduation

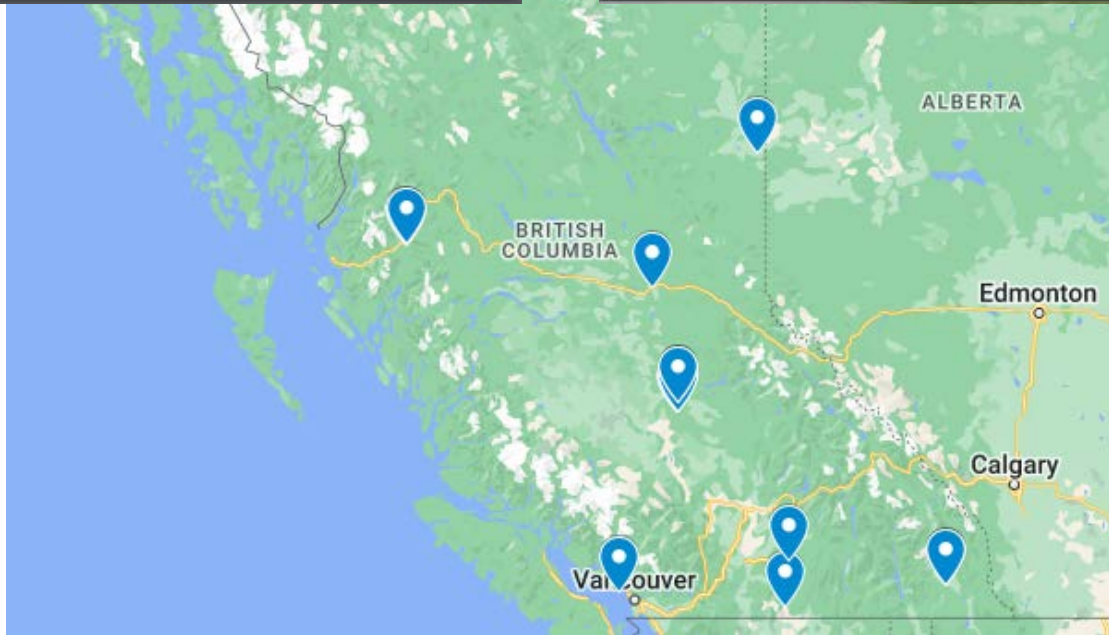
Students will have the opportunity to complete 2 practicums in their community.  
[LEARN MORE](#) about practicums

**WHERE WE WORK**  
Practitioners work in a variety of different fields, including:

- schools
- community centres
- parent-child education programs
- residential homes
- programs for street-involved youth
- addictions services

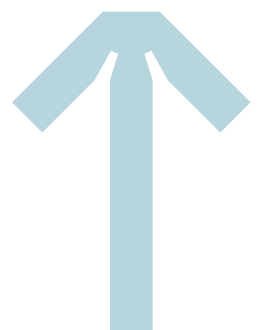
[LEARN MORE](#) about Career Pathways

For more information on the CYC Program, visit: [www.douglascollege.ca/program/dpcyc](http://www.douglascollege.ca/program/dpcyc) | [cyc@douglascollege.ca](mailto:cyc@douglascollege.ca) | Follow us:



\*Employer-supported practicum organizations by request; many new Educational Affiliation agreements in development. Check with CYC program.

# CYC PRACTICUM ACROSS BRITISH COLUMBIA



Nenqayni Wellness Centre  
(Williams Lake)

Interior Health Authority  
(Multiple Locations)

Nawican Friendship Centre  
(Dawson Creek)

SD 27 Cariboo-Chilcotin

SD 53 Okanagan-Similkameen

SD 82 Coast Mountain

SD 46 Sunshine Coast

SD 5 Southeast Kootenay

Denisiqi Services  
Society  
(Williams Lake)

Sources Community Resource  
Centres (Prince George)

Terrace & District  
Community Services Society  
(Terrace)

Connexus Community Resources<sup>®</sup>  
(Vanderhoof)

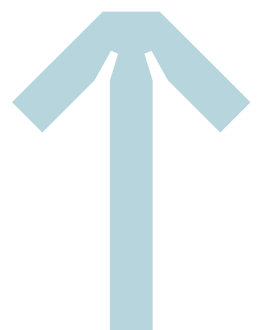
Northwest Inter-Nation  
Family & Community  
Services Society (Terrace)

BGC (Cranbrook)

BBBS (Williams Lake)

And many more...

**CONTINUED**







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4

CYC PRACTICUM RESOURCES

**CYC Practicum Supervisor Orientation Videos & Recommended Resources**

**Douglas College's Career Hub**

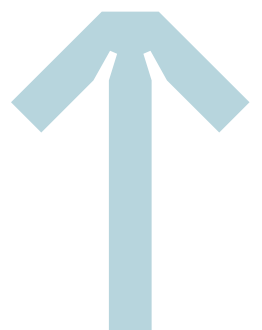


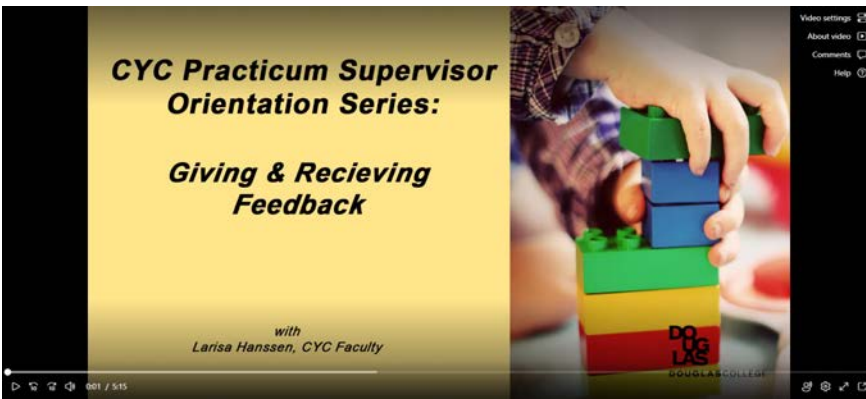




[www.douglascollege.ca/programs-courses/explore-programs-courses/faculties/applied-community-studies/child-and-youth/practicum](http://www.douglascollege.ca/programs-courses/explore-programs-courses/faculties/applied-community-studies/child-and-youth/practicum)

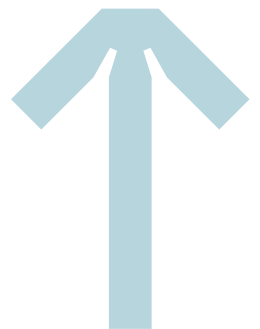
# CYC PRACTICUM SUPERVISOR ORIENTATION VIDEOS & RECOMMENDED RESOURCES





[www.douglascollege.ca/programs-courses/explore-programs-courses/faculties/applied-community-studies/child-and-youth/practicum](http://www.douglascollege.ca/programs-courses/explore-programs-courses/faculties/applied-community-studies/child-and-youth/practicum)

CONTINUED





**Child & Youth Care Practicum Supervisor Orientation Series – Recommended Resources**

**Child & Youth Care Practicum – In General**

- ❑ CYC Practicum at Douglas College: <http://www.douglascollege.ca/programs/courses/online-programs/courses/faculty/woodford-community-studies/ch34-and-youth/practicum>
- ❑ CYC 1<sup>st</sup> year practicum Curriculum Guideline: <http://www.douglascollege.ca/online/cycr-1340>
- ❑ CYC 2<sup>nd</sup> year practicum Curriculum Guideline: <http://www.douglascollege.ca/online/cycr-2440>
- ❑ CYC 4<sup>th</sup> year practicum Curriculum Guidelines: <http://www.douglascollege.ca/online/cycr-4410> (Part 1) & <http://www.douglascollege.ca/online/cycr-4411> (Part 2)
- ❑ CYC Education Accreditation Board of Canada – CYC Practicum Resources: <https://cycaccreditation.ca/publications/>

**Child & Youth Care Practicum – The CYC Profession**

- ❑ CYC Association of BC – Code of Ethics: <https://cycbc.com/ourbc-code-of-ethics/>
- ❑ Canadian Council of CYC Associations – Scope of Practice: <https://www.canada.ca/en/indus.php/scene-of-practice/>
- ❑ Competencies for Professional Child & Youth Work Practitioners: <http://www.cycb.org/competencies/>
- ❑ A Tapestry of Relational CYC Competencies (Fraser & Ventrella, 2009): <http://www.gradscholars.ca/gradscholars/wp-content/uploads/2014/08/a-tapestry-of-relational-child-and-youth-care-competencies.pdf>
- ❑ CYC Education Consortium of BC: [website TBA]
- ❑ WorkBC NDC 4212: Social & Community Service Workers: <http://www.workbc.ca/careers/4212>

**Child & Youth Care Practicum – CYC Theories & Approaches**

- ❑ CYC Across Sectors Vol 1 & 2: <https://gradscholars.ca/book/child-and-youth-care-across-sectors-vol-1/> & <https://gradscholars.ca/book/child-and-youth-care-across-sectors-vol-2/>
- ❑ CYC in the Field: A Practicum Guidebook (Cragg, 2020): <https://gradscholars.ca/book/child-and-youth-care-in-the-field/>
- ❑ Foundations of CYC (Stuart & Fryer, 2022): <http://the.beyondthetext.com/products/foundations-child-and-youth-care>
- ❑ White, J. (2007). Knowing, doing and being in context: A praxis-oriented approach to child and youth care. *Child & Youth Care Forum*, 36, 225-244. <https://link.springer.com/article/10.1007/s10568-007-9033-1>

Updated August 2022

**Recommended Resources**

on

ers 2-5:

Field/

lan, 2007):

vision.com

://www.stress.com

g & Receiving Feedback

ers 3-5:

Field/

and youth care/

Us

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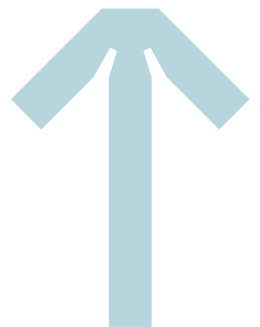
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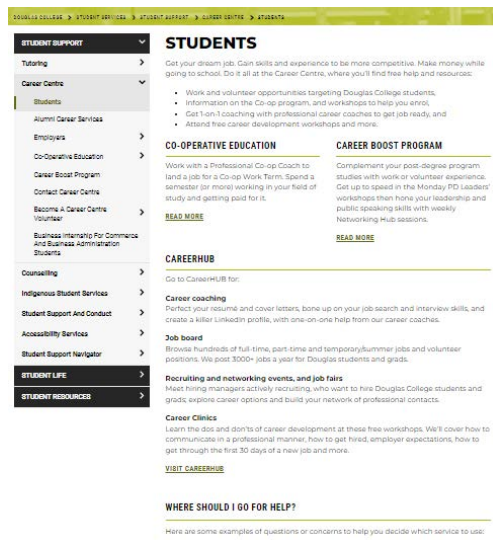
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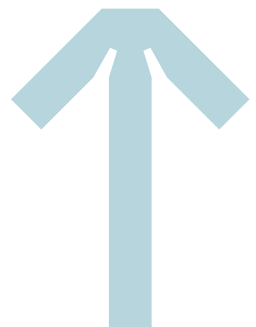


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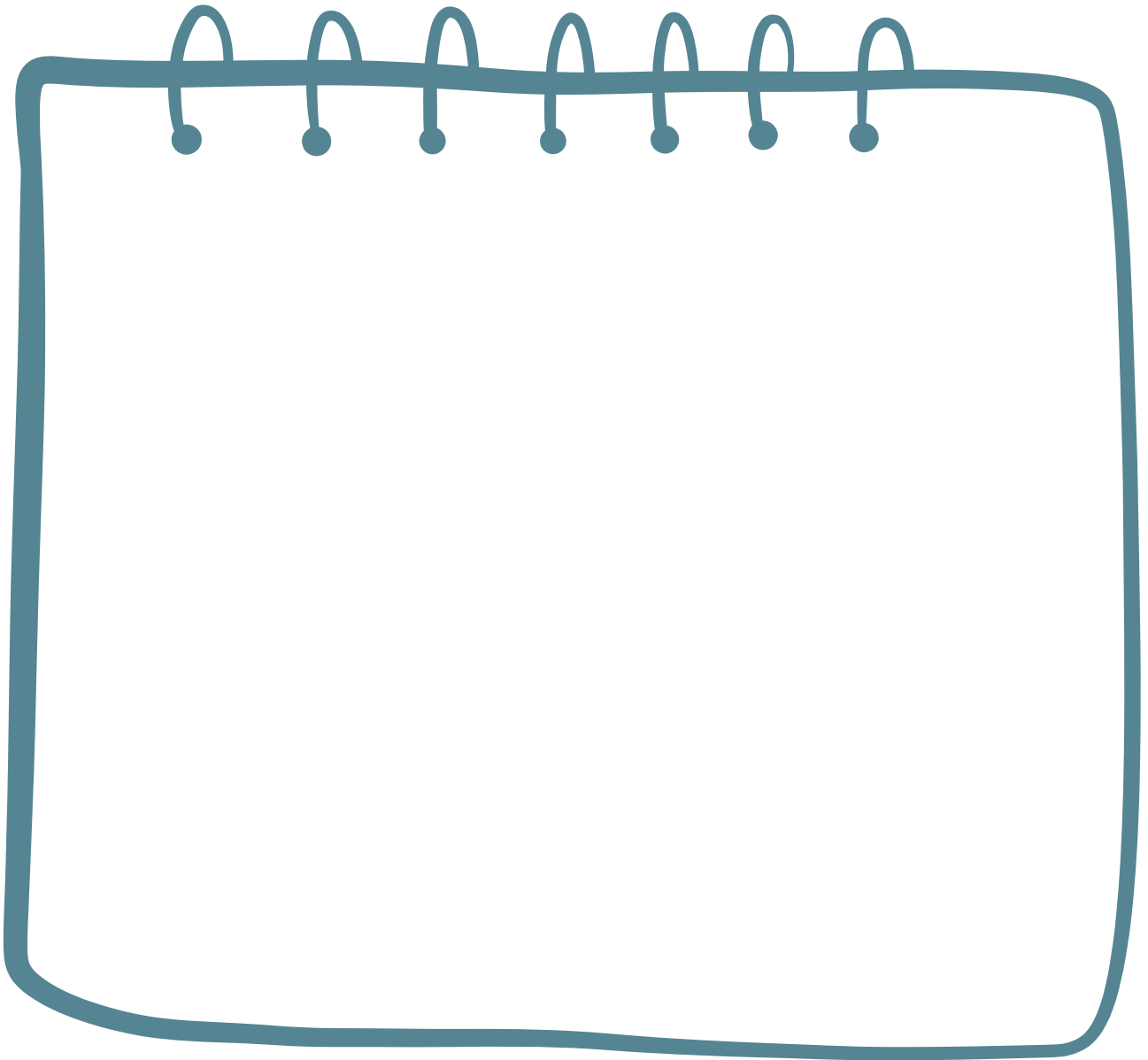


# DOUGLAS COLLEGE'S CAREER HUB











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