

Volunteers Needed!

*Passionate about working with the community
to promote health and well-being?
If your answer is yes, we have a volunteer
position for you!*

Looking for Volunteer Cardiovascular Health Educators at REACH Community Health Centre:

- Conduct cardiovascular health screening and provide health education such as:
 - Conduct interactive risk assessments (e.g. monitor blood pressure)
 - Learn of participants health history or lifestyle habits that may put them at risk
 - Empower and influence participants to eat healthy and have an active living plan
 - Provide participants resources in the community to support a health heart
- Promote health services at REACH CHC

**Gain valuable
health care and
health promotion
experience!**

**Work to create a
difference in
community
health!**

Contact Faith to apply:

ftang@reachcentre.bc.ca
604-245-3838

**Must be available (in-person) on the last
Wednesday of every month from 4-7pm for a
minimum of 4 months (position begins May 2023).**

**Mandatory training held on May 24th from
4-5:30pm at REACH Community Health Centre.**