

General information

The highly flexible Bachelor of Arts in Psychology program at Thompson Rivers University - Open Learning provides a thorough foundation in Psychology while allowing for a broad range of electives. The majority of lower- and upper-level Psychology courses transfer to TRU-OL, and residency requirements are minimal. This means students can take the majority of their coursework at Douglas College, then apply to the BA program at TRU-OL, transfer their credits, and finish their bachelor's degree at that institution with a semester of online courses. This option is favoured by some of our students for its ease of entry and great flexibility.

The information included on this course plan is for planning purposes and may not reflect recent changes in TRU-OL curriculum. Students should check with TRU-OL directly for degree information and advising and consult the BC transfer guide for current course transfer status. For purposes of this guide, lower-level courses are those whose course numbers start with 1 or 2, and upper-level courses are those whose course numbers start with 3 or 4.

General Education Requirements (15 credits):

Course suggestions (if completed at Douglas College)	Credits	Transferable Courses	Check if Completed
ENGLISH Two courses in English from the Douglas College English Department (not including ENGL 1099)	3	ENGL _____	<input type="checkbox"/>
	3	ENGL _____	<input type="checkbox"/>
HUMANITIES (other than English) Two courses in Humanities, which could include History, Philosophy, Modern Languages, or Gender, Sexualities and Women's Studies	3	_____ _____	<input type="checkbox"/>
	3	_____ _____	<input type="checkbox"/>
SCIENCE/MATHEMATICS One course in Science or Math, which could include Astronomy, Biology, Chemistry, Computing Science, Earth and Environmental Science, Geography and the Environment, Geology, and Physics	3	_____ _____	<input type="checkbox"/>

Lower-level Psychology Requirements (15 credits):

Course suggestions (if completed at Douglas College)	Credits	Transferable Courses	Check if Completed
An Introduction to Psychology (I)	3	PSYC 1100	<input type="checkbox"/>
An Introduction to Psychology (II)	3	PSYC 1200	<input type="checkbox"/>
Data Analysis in Psychology	3	PSYC 2300	<input type="checkbox"/>
Research Methods in Psychology	3	PSYC 2301	<input type="checkbox"/>
One Psychology course transferable to TRU-OL as second-year level (course number starting with 2; see course equivalency list at the end of this guide)	3	PSYC _____	<input type="checkbox"/>

Upper-level Psychology Requirements (30 credits):

Course suggestions (if completed at Douglas College)	Credits	Transferable Courses	Check if Completed
Nine courses of Psychology selected from currently transferrable to TRU-OL at upper level (see course equivalency list at the end of this guide)	3	PSYC _____	<input type="checkbox"/>
	3	PSYC _____	<input type="checkbox"/>
	3	PSYC _____	<input type="checkbox"/>
	3	PSYC _____	<input type="checkbox"/>
	3	PSYC _____	<input type="checkbox"/>
	3	PSYC _____	<input type="checkbox"/>
	3	PSYC _____	<input type="checkbox"/>
	3	PSYC _____	<input type="checkbox"/>
	3	PSYC _____	<input type="checkbox"/>
Directed Studies course equivalent to TRU-OL PSYC 4991. Consult the TRU-OL advisor concerning what would satisfy this requirement.	3	PSYC _____	<input type="checkbox"/>

Upper-level Elective Requirements (15 credits):

Course suggestions (if completed at Douglas College)	Credits	Transferable Courses	Check if Completed
Courses from any academic discipline (including PSYC), which transfer to TRU-OL at upper level .	3	_____	<input type="checkbox"/>
	3	_____	<input type="checkbox"/>
	3	_____	<input type="checkbox"/>
	3	_____	<input type="checkbox"/>
	3	_____	<input type="checkbox"/>

Elective Requirements (30 credits):

Course suggestions (if completed at Douglas College)	Credits	Transferable Courses	Check if Completed
Courses from any academic discipline (including PSYC), which transfer to TRU-OL at any level.	3	_____	<input type="checkbox"/>
	3	_____	<input type="checkbox"/>
	3	_____	<input type="checkbox"/>
	3	_____	<input type="checkbox"/>
	3	_____	<input type="checkbox"/>
	3	_____	<input type="checkbox"/>
	3	_____	<input type="checkbox"/>
	3	_____	<input type="checkbox"/>
	3	_____	<input type="checkbox"/>
	3	_____	<input type="checkbox"/>

TRU Residency Requirements (minimum 15 credits):

Course suggestions	Credits	TRU-OL Courses	Check if Completed
Courses from any academic discipline completed at TRU-OL	3	_____	<input type="checkbox"/>
	3	_____	<input type="checkbox"/>
	3	_____	<input type="checkbox"/>
	3	_____	<input type="checkbox"/>
	3	_____	<input type="checkbox"/>

When to transition from Douglas College to TRU-OL?

Students can apply to the TRU-OL Bachelor's degree program at any point if they meet the admission requirements. However, once admitted to TRU-OL program, there may be some limitations on your ability to take program courses at Douglas College.

Once admitted to the TRU-OL program, in order to complete a course at Douglas College and apply it toward program requirements students may require a letter of permission or need to go through another round of course transfer with attendant fees.

For the reasons above, it may be advantageous to wait to apply to TRU-OL until you have completed your Douglas College coursework. However, application processing and transfer assessment could take a number of weeks, before you can register in the TRU-OL courses you need to complete.

Thus, the optimal timing for application to the TRU-OL program may vary with the student's situation and priorities. Students may wish to consult TRU-OL program advisors for individual advice on when to apply to the program as a transfer student, to balance process complexity with time to degree completion.

See the TRU-OL program site for contact information and details on the processes of application, course selection, registration, and degree completion.

<https://www.tru.ca/distance/programs/arts/bachelor-of-arts-psychology.html>

Course equivalency list:

according to currently established agreements per the BC Transfer Guide as of the date this guide was last updated (see date at the bottom of the page)

DOUGLAS course			TRU/TRU-OL course		
Code	Number	Title	Code	Number	Title
PSYC	1100	An Introduction to Psychology (I)	PSYC	1110	Introductory Psychology I
PSYC	1110	Psychology of Women	PSYC	1XXX	General credit
PSYC	1130	Lifespan Human Development	PSYC	2131	Introduction to Childhood and Adolescence
PSYC	1200	An Introduction to Psychology (II)	PSYC	1210	Introductory Psychology II
PSYC	2150	Academic & Professional Development in Psych	PSYC	2XXX	General credit
PSYC	2207	An Introduction to Educational Psychology	PSYC	2XXX	General Credit
PSYC	2300	Data Analysis in Psychology	PSYC	2100	Analysis of Psychological Data
PSYC	2301	Research Methods in Psychology	PSYC	2110	Introduction to Research Methods in Psychology
PSYC	2315	Biological Bases of Behaviour	PSYC	2040	Introduction to Biological Psychology
PSYC	2341	Psychological Disorders and Treatment	PSYC	2160	Introduction to Abnormal Psychology
PSYC	2360	Cognitive Psychology	PSYC	2210	Introduction to Cognition
PSYC	2901	Special Topics in Psychology	None (Currently)		
PSYC	3120	Gender Relations	PSYC	3XXX	General credit
PSYC	3300*	Appl Intermed Research Methods & Data Analysis	PSYC	3XXX	General credit
PSYC	3301*	Applied Data Analysis in Psychology	PSYC	3XXX	General credit
PSYC	3304	Health Psychology	PSYC	2XXX	General credit
PSYC	3308	History and Philosophy of Modern Psychology	PSYC	3240	History and Systems of Psychology
PSYC	3309*	Critical Issues in Psychology	PSYC	3XXX	General credit
PSYC	3314	Psychology & Law	PSYC	3400	Psychology and the Law
PSYC	3315	Human Neuropsychology	PSYC	3XXX	General credit

*Some Douglas College Psychology courses are restricted to students enrolled the BA-Applied Psychology program. To take these courses, please contact the instructor to request a program restriction override.

Last update: June 2023 TRU program site: <https://www.tru.ca/distance/programs/arts/bachelor-of-arts-psychology.html>

DOUGLAS course

Code	Number	Title
PSYC	3320	Child Behaviour and Development
PSYC	3321	Devel Psych: Adolescence & Emerging Adulthood
PSYC	3322	Developmental Psychology: Adulthood & Aging
PSYC	3330	An Introduction to Social Psychology
PSYC	3331	Introduction to Personality
PSYC	3333	Cult Comp & Counselling w/ Indigenous Peoples
PSYC	3340	Cultural Psychology
PSYC	3341	Drugs and Behaviour
PSYC	3342	Developmental Psychopathology
PSYC	3361	Social Cognition
PSYC	3365	The Psychology of Learning
PSYC	3370	The Psychology of Memory
PSYC	3375	Theories of Counselling & Psychotherapy
PSYC	3385	Evolutionary Psychology
PSYC	3901	Special Topics in Applied Psychology
PSYC	3902	Special Topics in Biological Psychology
PSYC	3903	Special Topics in Clinical/Counselling Psychology
PSYC	3904	Special Topics in Cognitive Psychology
PSYC	3905	Special Topics in Developmental Psychology
PSYC	3906	Special Topics in Social Psychology/Social Sciences
PSYC	4360*	Psychological Assessment
PSYC	4370	Counselling Skills Fundamentals
PSYC	4371	Group counselling: Theory and Practice
PSYC	4373	Vocational Assessment & Counselling
PSYC	4375	Clinical Psychology

TRU/TRU-OL course

Code	Number	Title
PSYC	3150	Developmental Psychology of Children
PSYC	3451	Adolescent Development
PSYC	2230	Intro to Devel Psych: Adulthood and Aging
PSYC	2220	Introduction to Social Psychology
PSYC	3XXX	General credit
PSYC	2XXX	General credit
PSYC	3XXX	General credit
PSYC	3560	Psychopharmacology
PSYC	2XXX	General credit
PSYC	3XXX	General credit
PSYC	2XXX	General credit
PSYC	3540	Cognition 1: Attention and Memory
PSYC	3XXX	General credit
PSYC	3XXX	General credit
		None (Currently)
		None (Currently)
		None (Currently)
PSYC	3XXX	General credit
		None (Currently)
		None (Currently)
PSYC	4XXX	General credit
HUMS	1611	Interviewing Skills for Social Service Practice
PSYC	3XXX	General credit
		None (Currently)
PSYC	4XXX	General credit