

PSYCHOLOGY DEPARTMENT STUDENT HANDBOOK 2024-25



DOUGLAS

DOUGLAS COLLEGE

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IMPORTANT

This document is accurate as of Sept, 2024.

While every effort is made to ensure that the information is kept up to date, changes may occur in the program that may not be immediately reflected in the Psychology Department Handbook.

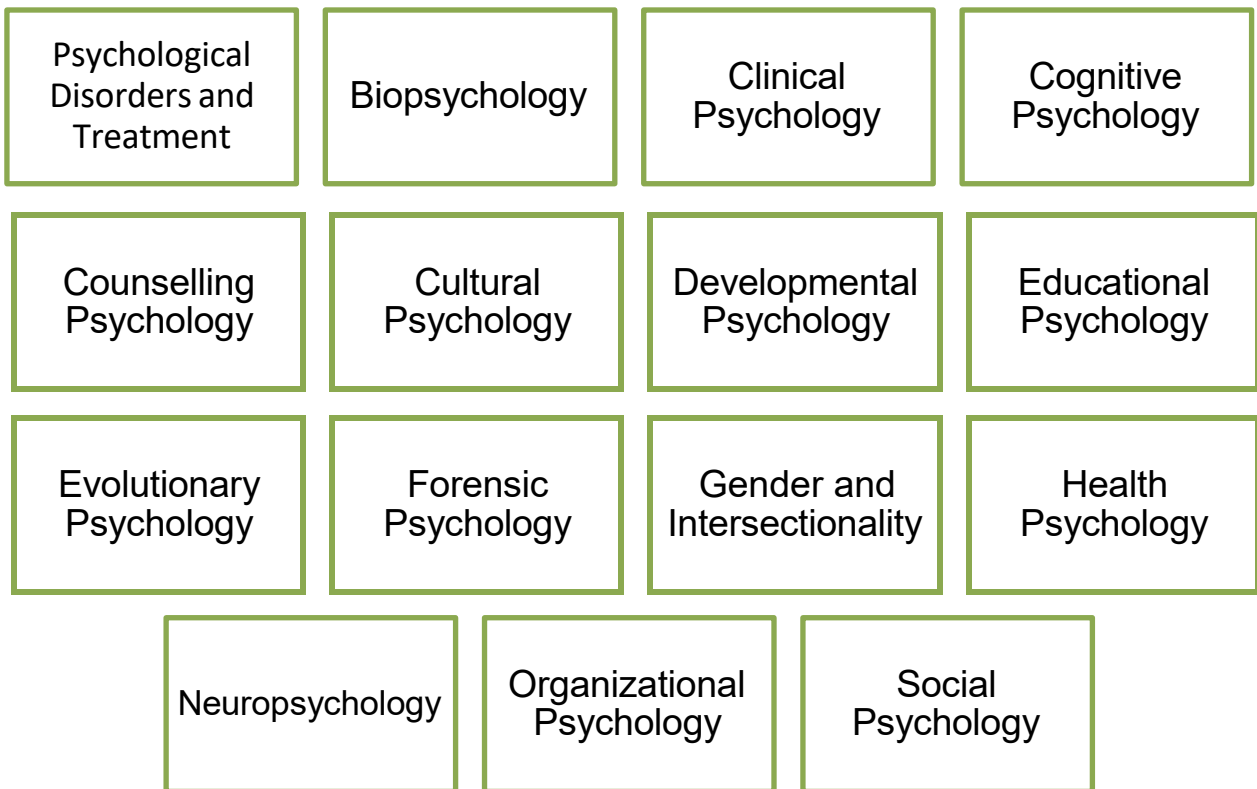
Students are encouraged to confirm information with an Enrolment Services Advisor by checking the website: [Contact Enrolment Services](#)

WELCOME to the PSYCHOLOGY DEPARTMENT

Psychology strives to describe, predict, understand, and influence behavior and mental processes. Psychology is divided into two areas: experimental (basic or applied research) and clinical/counselling (assessment and therapy). Psychological scientists use experiments, surveys, naturalistic observations, case studies, and clinical studies to develop theories and investigate the nature of behavior, thought and emotion.

Who are we?

At Douglas College we have one of the largest academic departments, with over 25 full-time faculty, all of whom hold doctoral degrees, and many of whom are registered clinicians or counselors. Our faculty members have diverse expertise in areas that include:



What do we offer?

Our department offers a 2-year Associate of Arts Degree, a 4-year Bachelor of Arts Degree in Applied Psychology, a 4-year Bachelor of Arts Honours Degree in Applied Psychology, a Minor in Psychology and a Post Graduate Diploma in Psychosocial Rehabilitation.

The Bachelor of Arts Applied Psychology Degree was created to expose students to a variety of occupations where psychology is applied and to equip students with skills necessary to succeed in the workforce. The Bachelor of Arts Honours Degree has a higher GPA entrance requirement, but it supplements the Bachelor of Arts in Applied Psychology Degree, with additional training in psychology, and experience conducting self-directed research for those who may want to pursue graduate school.

In all cases the intention is to create lifelong, psychologically literate learners. A *psychologically literate* graduate not only leaves with basic psychological knowledge but also:

- 1) values, recognizes and understands diversity;
- 2) solves problems with creativity and skepticism;
- 3) is competent in the use of technology and accessing information;
- 4) can apply psychological knowledge throughout his/her life, within organizations, and to his/her communities;
- 5) acts ethically;
- 6) can communicate effectively to different audiences; and
- 7) can reflect on his/her own and other's behaviors to gain insights and affect change.¹

Where are we located?

We have two campuses, [New Westminster and Coquitlam](#) Campus. While a majority of the upper-level courses are taught in New Westminster, several 1st, 2nd and 3rd year courses are taught in Coquitlam, and some are taught on-line.

Visit us at [Bachelor of Arts, Applied Psychology](#) for further information.

PSYCHOLOGY PROGRAM COORDINATORS



Chair Joseph Thompson, BA, MA, PhD Honours (SFU)
Psychology and Cognitive and Developmental Psychology, Research
Social Sciences Methods and Statistics

[Contact and Research Information](#)

Coordinator Karyn Audet, BA, MA, PhD (SFU)
Service Learning Educational, Developmental and Counselling Psychology

[Contact and Research Information](#)

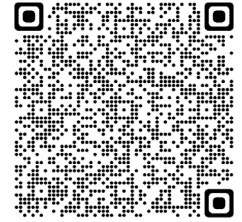
Coordinator Regina Casey Dip OT (Dublin), MA (Royal Roads University), PhD (UBC)
Psychosocial Rehabilitation Psychosocial Rehabilitation

Contact and Research Information [Contact and Research Information](#)

Coordinator Laura Dane, BA Honours, MA (SFU), PhD (U of New Mexico)
BA Applied Psychology / Evolutionary Psychology, Social Psychology, Research Methods and Statistics
Honours [Contact and Research Information](#)

Coordinator Stephen Rochefort, BA (U of C), MA (SFU), PhD (SFU)
Pathways in Psychology Forensic and Clinical Psychology

[Contact and Research Information](#)



PSYCHOLOGY PROGRAM FACULTY

New Westminster faculty offices are in the 3400 area. Coquitlam faculty offices are in building B. Office hours and teaching schedules are listed on their office doors or in your course outlines. For more details, please refer to: <https://www.douglascollege.ca/programs-courses/explore-programs-courses/faculties/humanities-and-social-sciences/psychology/faculty>

Sandeep Atwal, BA (SFU), MA, PsyD (Pepperdine University)
Clinical Psychology and Cross Cultural Psychology
[Contact and Research Information](#)

Jim Barton, BA (Wilfrid Laurier), BEd (Western Ontario), MSc, PhD (Alberta)
Clinical Health, Sport and Exercise Psychology
[Contact and Research Information](#)

Raquel Faria Chapdelaine, BA (PUC, Brazil), MA, PhD (Saskatchewan)
Social Psychology and Cross Cultural Psychology
[Contact and Research Information](#)

Teresa Howell, BSc, MA, PhD (UBC)
Counselling, Community, Aboriginal Health, Forensic Psychology and Cross-Cultural Psychology
[Contact and Research Information](#)

Gabriella Ionita, BA, MA (SFU), PhD (McGill)
Counselling Psychology
[Contact and Research Information](#)

Jeremy Jackson, BA Hons, MA, PhD (SFU)
Experimental Psychology, Statistics
[Contact and Research Information](#)

Maria Janicki, BSc (Brock), MA, PhD (SFU)
Social Psychology and Evolutionary Psychology
[Contact and Research Information](#)

Bryan Jones, BA (UFV), MA, PhD (SFU)
Biopsychology, Neuroscience, Behavioural Neuroendocrinology
[Contact and Research Information](#)

Anne MacGregor, BA Hons (Carlton), MS (Peabody), EdD (UBC)
Clinical Psychology and Developmental Psychology
[Contact and Research Information](#)

Wilma Marshall, BEd, MEd, PhD (C Psyc) (Alberta)
Biopsychology, Behavioural Medicine
[Contact and Research Information](#)



DOUGLAS COLLEGE

Stelian Medianu, BA (UBC), MSc, PhD, Postdoc (Western Ontario)
Organizational Behavior, Research Methods and Statistics, Migration and Ethnic Relations
[Contact and Research Information](#)

Donald Meen, BA, MEd (Alberta), PhD (Manitoba)
Clinical Psychology
[Contact and Research Information](#)

Somayyeh Mohammadi, PhD (University of Groningen)
[Contact Information](#)

Shelley Moore, BA (Windsor), MA (Laurentian), PhD (UBC)
Psychology of Women, Developmental Psychology
[Contact and Research Information](#)

Bryan Nadeau, MA (Concordia), PhD (SFU)
Neuroscience, Pharmacology
[Contact and Research Information](#)

Karen Parhar, BA Hons (British Columbia), MA, PhD (Saskatchewan)
Forensic Psychology, Applied Social Psychology
[Contact and Research Information](#)

David Prime, BA (SFU), MA, PhD (UBC)
Cognitive Neuroscience
[Contact and Research Information](#)

Stephen Rochefort, BA (Calgary), MA, PhD (SFU)
Forensic Psychology, Clinical Psychology
[Contact and Research Information](#)

Graham Rodwell, BA (Cambridge), MA (Manchester), MBA (Open University), PhD (Manchester)
Applied Social Sciences
[Contact and Research Information](#)

Joachim Sehrbrock, BA (Naropa), MA, PhD (Sofia)
Clinical Psychology and Developmental Psychology
[Contact and Research Information](#)

Roger Tweed, BA (SFU), MA, PhD (UBC)
Social Psychology, Positive Psychology
[Contact and Research Information](#)

Clare van Norden, BA (UBC), MS, PhD (Lehigh)
Developmental Psychology
[Contact and Research Information](#)

Shahnaz Winer, BA, MA, PhD (Waterloo)
Cognitive Neuroscience
[Contact Information](#)

PROGRAM GOALS AND STUDENT OBJECTIVES

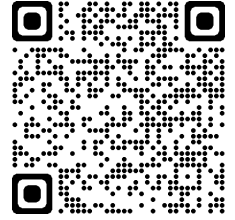
Program Goals

1. To produce “psychologically literate” citizens.
2. Blend a solid academic foundation with a practical skills application;
3. To promote breadth and cross-discipline integration of skills to enhance employability in the workforce;
4. Provide a flexible degree program that can be tailored and specialized to prepare for entry into a variety of psychology-related careers;
5. To expand the diversity of existing upper-level courses in psychology;
6. Endow the capacity for professional, independent intellectual work;
7. To prepare students to design, implement, and report organizational research;
8. To offer the necessary prerequisites for students who wish to pursue graduate work in education or counselling psychology.
9. To provide laddering opportunities with the Disability and Applied Behavior Analysis (DABA) program;
10. To prepare students to write the Certified Psychiatric Rehabilitation Practitioners (CPRP) exam.
11. To prepare students to apply for graduate work in psychology or other professional programs through the BA Applied Psychology Honours program;
12. To integrate students’ application of psychological and criminological theory and practice;
13. Collaborate with community organizations in order to provide enriched learning opportunities for our students;
14. Promote the life-long learner perspective; and
15. Espouse the Douglas College Mission Statement, Goals and Values²

Student Objectives

Develop and hone core competencies and requisite knowledge for work in psychology, including:

1. Write effectively in modes and formats required within psychology;
2. Read, comprehend and use written materials including numerical data, academic papers, and psychological tests and measures.
3. Speak with clarity, proficiency, and confidence;
4. Think critically and creatively;
5. Recognize and respect diversity and individual difference;
6. Discern ethical consequences of decisions and actions;
7. Develop and practice skills such as interviewing, problem solving, ethical decision making, and information seeking and sequencing;
8. Recognize and manage change positively;
9. Employ quantitative and qualitative analysis to solve problems;
10. Transform information into judgment and action; and
11. Identify, prepare for, and pursue career pathways in psychology-related fields.

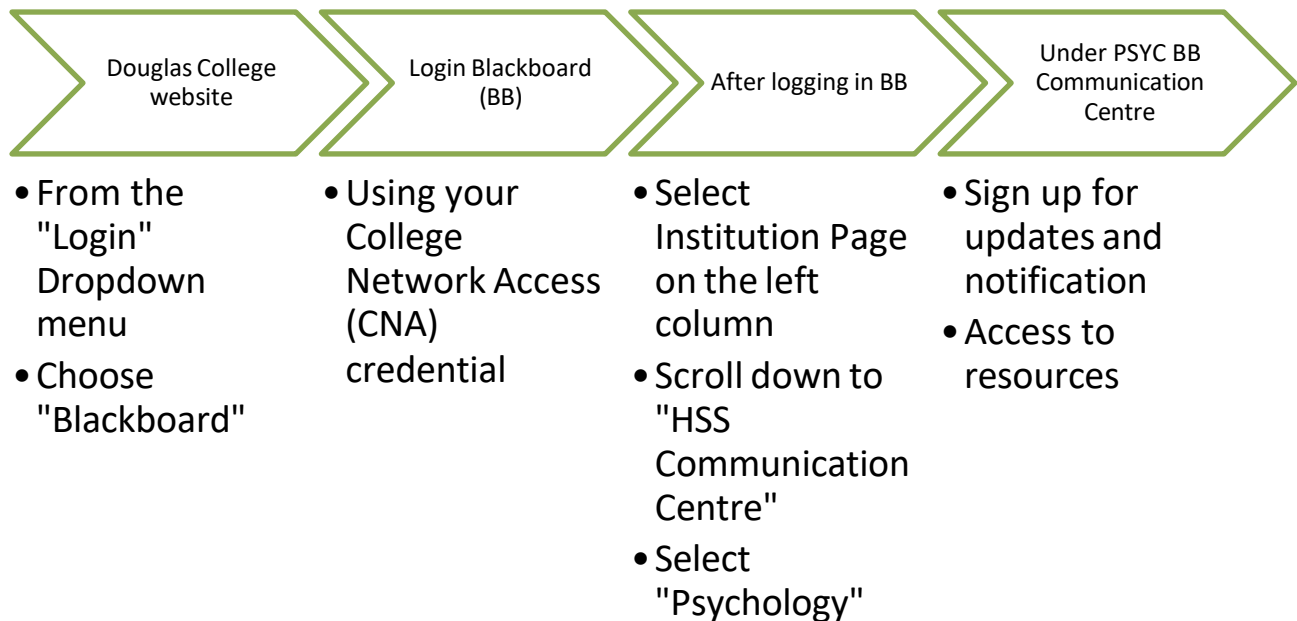


JOIN THE BLACKBOARD COMMUNITY PAGE!

Please take a moment to join the Psychology Communication Centre, which is part of our Blackboard Community page. Within this community, you will be able to:

- Communicate with faculty and other students.
- Keep current about announcements, events, workshops, volunteer, and job opportunities.
- Discuss related topics.
- Join groups you may be interested in.
- Complete fillable internal application forms (BA Honours Program).
- Complete program checklists and concentration declaration forms.
- Find information about graduate school applications and planning tools.

TO JOIN the Psychology Blackboard Community, please follow these steps:



QUESTIONS

Psychology Program FAQs:

Log in to Blackboard <https://douglascollege.blackboard.com/>

Scheduling Inquiries:

Please contact Dr. Joseph Thompson - Chair Psychology and Social Science

Email: thompsonj14@douglascollege.ca

BA Applied PSYC Program Inquiries:

Please contact Dr. Laura Dane, Coordinator BA Applied Psychology

Email: danel@douglascollege.ca

AA Psychology and Pathway to Psychology Inquiries:

Please contact Dr. Stephen Rochefort, Coordinator Psychology Pathways

Email: rocheforts@douglascollege.ca

General Inquiries: Please contact:

Email: psyc-coordinator@douglascollege.ca

SCHOLARSHIPS AND BURSARIES

There are several scholarship and bursary awards available for psychology students to apply for. The following are examples of the financial awards and some of the selection criteria information. Please contact the **Financial Aid Office** for more detailed information on eligibility requirements and deadlines for applications here: [Awards, Bursaries and Scholarships](#)

Amanda Todd Legacy Award of Distinction

Carol Todd established this award in December 2015 to pay tribute to, and honour, her daughter Amanda Todd who has been described as "a transformative angel". Amanda died by suicide at the age of 15 in October 2012. Eligible recipients must be enrolled in any program that focuses on mental health. This includes, but is not limited to, programs within the Faculty of Child, Family and Community Studies, the Faculty of Health Sciences and the Faculty of Humanities & Social Sciences: [List of Awards, Bursaries, Scholarships](#)

Caroline Chan Memorial Bursary

The Frank Wing Memorial Bursary was established by Caroline and Adrienne Chan, in 1989, to honour their uncle, Frank Wing. The bursary was created to support students in need who are enrolled in programs relating to social services and social sciences at Douglas College with preference given to students of Aboriginal, Asian or South Asian descent. In 2013, Caroline Chan passed away and the bursary was renamed in her memory: [Caroline Chan Memorial Endowment Bursary](#)

Brodie Osborne-Campbell Memorial Scholarship

This endowment fund was established in 2007 to honour the life of Brodie Osborne-Campbell, a 15-year-old Grade 10 student at Charles Best Secondary in Coquitlam, who passed away of a bacterial meningitis infection. Brodie was the beloved son, and only child, of Colin Campbell, an instructor in the Douglas College Criminology Department, and Judith Osborne. The purpose of this fund is to recognize the academic achievements of students enrolled in Criminology at Douglas College: [Brodie Osborne-Campbell Memorial Scholarship](#)

Jack Ferguson Memorial Scholarship

This fund was created by the Douglas College Criminology Department and the friends and family of Jack Ferguson in memory of Jack, a long time faculty member who was instrumental in establishing the Criminology program at the College. The recipient is preferably a Criminology student: [Jack Ferguson Memorial Scholarship](#)

Arlene Clay Memorial Bursary

In 2012, Douglas College Foundation hosted the first ever Bursary Draw at A Class Act. Proceeds from the tickets sold, plus a generous donation from winning guest Mike Clay, went directly to students in need. Mike named the bursary in memory of his mother, Arlene Clay, a retired School District 43 teacher, who initiated what became a district-wide public speaking program. The Arlene Clay Memorial Bursary provides support to Port Moody residents with a preference to those enrolled in the Future Teachers – Associate of Arts Degree program or Early Childhood Education programs (diploma & certificate) at Douglas College: [Arlene Clay Memorial Bursary](#)

RESEARCH OPPORTUNITIES

There are several opportunities for students to get involved with research at Douglas College, including: conducting your own research projects within classes or as an honours thesis, volunteering as a research assistant or as a research participant. Students producing outstanding research often present their work at one of our local undergraduate research conferences. Feel free to ask your instructors about ongoing research they might be involved in.

Douglas College Student Research Day: students from across the college showcase their research to the Douglas College community.

Connecting Minds: undergraduate research conference hosted annually by Kwantlen Polytechnic University: <https://www.kpu.ca/ConnectingMinds>



The psychology program offers a wide range of courses. **Not all courses are offered each semester, and the number of course sections offered each semester is limited.** Students may complete psychology courses on a part-time or full-time basis providing the specific course prerequisites are met. Most courses with 2000, 3000 and 4000 numbers have a prerequisite (they require that you have taken a previous course).

IMPORTANT: There is a high demand for psychology classes and students should anticipate this when they register for classes. Also, if psychology classes are full, students should attempt to register in other university transfer course requirements for the Associate of Arts (Psychology), or the BA in Applied Psychology degree.

STUDYING PSYCHOLOGY

Students may complete Psychology courses on a part-time or full-time basis providing the specific course prerequisites are met. If Psychology classes are full, students should attempt to register in other university transfer course requirements for their specific credential. **All 2000, 3000 and 4000 courses have a prerequisite.** Please note not all courses are offered each semester, and the number of course selections offered each semester is limited.

PSYCHOLOGY COURSES OFFERED

PSYC 1100	An Introduction to Psychology I
PSYC 1110	Psychology of Women
PSYC 1130	Lifespan Human Development
PSYC 1200	An Introduction to Psychology II
PSYC 2150	Academic and Professional Development in Psychology
PSYC 2207	An Introduction to Educational Psychology
PSYC 2300	Data Analysis in Psychology
PSYC 2301	Research Methods in Psychology
PSYC 2315	Biological Bases of Behavior
PSYC 2341	Psychological Disorders and Treatment
PSYC 2360	Cognitive Psychology
PSYC 2901	Special Topics in Psychology
PSYC 3120	Gender Relations
PSYC 3300	Applied Intermediate Research Methods & Data Analysis
PSYC 3301	Applied Data Analysis in Psychology
PSYC 3304	Health Psychology
PSYC 3305	Hormones and Behaviour
PSYC 3308	History & Philosophy of Modern Psychology
PSYC 3309	Critical Issues in Psychology
PSYC 3314	Psychology & Law
PSYC 3315	Human Neuropsychology
PSYC 3320	Child Behaviour and Development
PSYC 3321	Developmental Psychology: Adolescence and Emerging Adulthood
PSYC 3322	Developmental Psychology: Adulthood & Aging
PSYC 3330	An Introduction to Social Psychology
PSYC 3331	Introduction to Personality
PSYC 3333	Cultural Competency and Counselling with Canada's Indigenous Peoples

PSYC 3339	Sociopolitical and Critical Psychology
PSYC 3340	Cultural Psychology
PSYC 3341	Drugs and Behaviour
PSYC 3342	Developmental Psychopathology
PSYC 3361	Social Cognition
PSYC 3365	The Psychology of Learning
PSYC 3370	The Psychology of Memory
PSYC 3375	Theories of Counselling & Psychotherapy
PSYC 3385	Evolutionary Psychology
PSYC 3390	Applications of Psychological Knowledge (Service Learning & Research)
PSYC 3901	Special Topics in Applied Psychology / Social Sciences
PSYC 3902	Special Topics in Biological Psychology
PSYC 3903	Special Topics in Clinical / Counselling Psychology
PSYC 3904	Special Topics in Cognitive Psychology
PSYC 3905	Special Topics in Developmental Psychology
PSYC 3906	Special Topics in Psychology / Social Sciences
PSYC 4360	Psychological Assessment
PSYC 4370	Counselling Skills Fundamentals
PSYC 4371	Group Counselling: Theory and Practice
PSYC 4373	Vocational Assessment and Counselling
PSYC 4375	Clinical Psychology
PSYC 4390	Honours Seminar
PSYC 4400	Honours Thesis I
PSYC 4410	Honours Thesis II
PSYC 5001	Mental Health Services & Systems: History and Trends
PSYC 5002	Psychosocial Rehabilitation & Recovery
PSYC 5003	Psychosocial Rehabilitation Practitioner Competencies
PSYC 5004	Psychosocial Rehabilitation: Best & Promising Practices
PSYC 5005	Seminar & Practicum in Psychosocial Rehabilitation

Visit the Psychology Course Catalogue for the most up-to-date course information



PSYCHOLOGY LABORATORY



The Psychology Department has Laboratories at both our New Westminster and David Lam Campus. These rooms are used for:

Laboratory Demonstrations: Many classes offer hands-on and fun ways to learn about psychology topics.

Computer Use: Computers are available for students to use for psychology course work.

Experiments: The lab technicians are available to help when you choose participants, collect your data, analyze, interpret and write up your results. You are also welcomed to borrow the equipment you need to run your experiments from the lab.

Research Papers & Assignments: The lab technicians can help you with information about APA writing style and using library resources to find articles.

Tutoring: If you have questions concerning any of the topics covered in psychology, please drop by the lab to receive extra help on the concepts in question. Please be advised that the lab is not a substitute for reading the textbook or attending class.

For more information about the Psychology Lab visit: <https://www.douglascollege.ca/programs-courses/explore-programs-courses/faculties/humanities-and-social-sciences/psychology-lab>



PSYCHOLOGY PROGRAM LAB TECHNICIANS

Cydney Cocking
(on call) BA (Hons) (Kwantlen Polytechnic University)

Tel: 604-527-5508 (New Westminster Campus)

Email: cockingc@douglascollege.ca

Taylor Cork BA (Hons) (Simon Fraser University), MA Student (Simon Fraser University)

Tel: 604-527-5508 (New Westminster Campus)

Email: corkt@douglascollege.ca

Gerry Gramozis BA (Double Major) (Trinity Western), Dip. Addiction Medicine (UBC), Cert. Addiction Care and Treatment (UBC), Cert. Substance Use and Addiction Nursing (UBC), Cert. Substance Use (JIBC), Ex. Cert. Addiction Studies (Mount Royal)

Tel: 604-777-6157 (Coquitlam Campus)

Email: gramozisg@douglascollege.ca

Melissa Mack BSc (Alberta)

Tel: 604-527-5631 (New Westminster Campus)

Email: mackm@douglascollege.ca

Contacting the Psychology Lab

Students wishing to contact the Psychology Lab with questions regarding their assignments and coursework should email psychlab@douglascollege.ca. In the subject heading of your email message, indicate the name of your course along with the name of your instructor - this is needed to help ensure a proper reply.

For additional information about the Psychology Laboratory visit our website: [Psychology Laboratory](#)

DOUGLAS COLLEGE PSYCHOLOGY SOCIETY

Students, professors, and alumni interested in sharing, mentoring, raising awareness, and building a community around the field of Psychology at Douglas College.

The Douglas College Psychology Society is a faculty-sponsored group of Douglas College students who share a common interest in psychology. The Psych Society meets regularly to plan events such as "meet and greets" and information nights about careers in psychology. Occasionally, they get together and just talk about cool psychology related topics. They are primarily self-funded, raising money through various means: perhaps you've seen them selling tasty baked goods on campus. Current students involved in this association have shown initiative, teamwork and collaborative skills while organizing fundraisers, social events, special topic lectures, as well as faculty seminars for students.

The Psychology Society is open to all students with an interest in the field. Whether you are a first year or fourth year, psych major or general studies, if you want to get involved, feel free to contact us or show up to a meeting.



Some of the past DC Psychology Society events have been:

- Movie nights (including Q & A sessions with Faculty or special guests).
- Meet and greet nights (Faculty, Alumni and Guest Speakers present and answer questions about what you can do with a psychology degree).
- Study groups.

Connect with us on Discord link: <https://discord.gg/2DwF9cUH>

Learn more and become a member: <https://www.douglascollege.ca/programs-courses/explore-programs-courses/faculties/humanities-and-social-sciences/psychology-society>

Like us on Facebook:

<https://www.facebook.com/DCpsychsociety/>

Follow us on Instagram:

<https://www.instagram.com/dcpsychsociety/>



RESOURCES FOR WRITING TERM PAPERS AND ESSAYS

As a student, you will be required to write research papers and/or essays. This learning objective is essential to develop research, organizational and communication skills. Some important preliminary steps include planning and gathering information for the assignment. Make sure that you fully understand the assignment and the instructors' expectations. Ask for clarification, when needed to ensure you are confident you know what the assignment entails.

The library offers many valuable services for students, including writing help and online tutoring. There are also numerous guides and online tutorials for study skills and grammar skills. For information on the Learning Centre and its writing services please see:

[The Learning Centre, Writing Resources](#)

Researching Your Paper and Choosing the Right Sources

Many of your papers in post-secondary education will require you to research a topic and present other authors' work. In addition to ensuring you know how to cite the research you refer to in your paper, you also need to know what sources are reliable and which are not. In general, most formal research essays will require references to **academic, peer-reviewed journal articles** and scholarly works. The reason behind this distinction is research that is published in a peer-reviewed journal has gone through a rigorous review process by several academics in the specific field of study. When done properly this process helps ensure that the research that is published is free of major flaws. Other publications, most notably websites such as Wikipedia, often will contain information that may be biased, incomplete, or based on conjecture, stereotypes or incorrect assumptions. Always consult with your instructor as to what type of research she/he requires for an assignment, and if you are ever in doubt as to the reliability of a particular piece of work, ask that instructor or the librarian.

Citing Your Research Sources

Most assignments will require you to cite your sources when referencing authors' ideas, even if you paraphrase. You will need to become comfortable with the correct ways to cite your research within your assignments. Our psychology department uses the style and citation guide published by the American Psychological Association (APA Style).

Please use the Douglas College Psychology Department's An Introduction to APA Style

Our Douglas College librarians are extremely knowledgeable about the proper use of citations and are there to help should you need some guidance.

PSYCHOLOGY DEPARTMENT POLICY ON ACADEMIC INTEGRITY AND STANDARDS OF STUDENT CONDUCT

Douglas College, Psychology Department considers cheating on exams, plagiarism, and submission of the work of others as one's own, as serious violations of Douglas College policy.

Please see the following link for information on the Douglas College's [Academic Integrity Policy](#).

Plagiarism avoidance guides can be found on the library and learning centre website:

[Plagiarism: How to avoid it](#)

For more information, please visit the following links:

[Academic Integrity Resources for Students](#)

If you have further questions please contact:

psyc-coordinator@douglascollege.ca

CREDENTIALS OFFERED

1. [Associate of Arts Degree, Psychology](#) [60 credits]
2. [Associate of Arts Degree, Pre-Bachelors Psychology](#) [60 credits]
3. [Minor in Psychology](#) [30 credits]
4. [Bachelor of Arts, Applied Psychology](#) [120 credits]
5. [Bachelor of Arts, Applied Psychology - Honours](#) [120 credits]
6. [Psychosocial Rehabilitation Graduate Diploma](#) [15 credits]

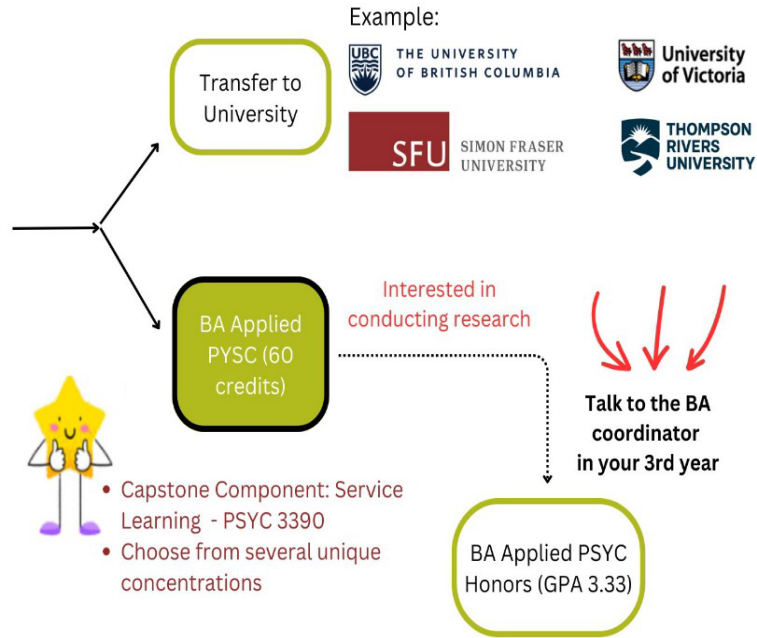
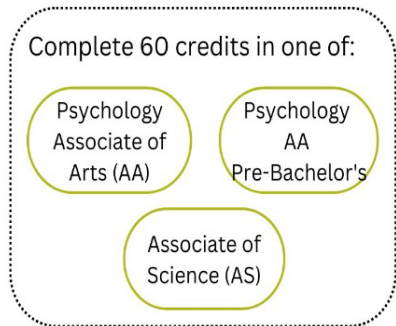
To determine your eligibility for graduation and how to apply for graduation

please go to the following Enrolment Services link:

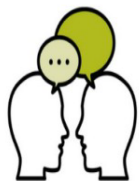


<https://www.douglascollege.ca/current-students/enrolment-services/graduation#How-to-apply>

PATHWAYS IN PSYCHOLOGY



Looks great for GRAD school



Don't have an AA or AS?

Don't fit into the these pathways?

Book a meeting with the program coordinator



Dr. Stephen Rochefort **Dr. Laura Dane**

Pathway Coordinator

BA Coordinator



ASSOCIATE OF ARTS DEGREE – PSYCHOLOGY

An Associate of Arts (AA) degree is a **combination of 60 credits** which include: English, Humanities, Social Sciences, and Lab Science/Math/Science courses.

The Associate of Arts Degree specializing in Psychology is a two-year (60 credits) credential designed to ensure students can transition into the Douglas College Bachelor of Arts in Applied Psychology, Bachelor of Arts in Applied Psychology – Honours, or to transfer into the third year of any BC post-secondary institution BA in Psychology.

The following information is from the Douglas College website [Psychology, Associate of Arts](#)

Requirements:

- Successful completion of 60 University Transfer (UT) credits as listed below
- A minimum cumulative GPA of 2.00 (average overall grade of C)
- All courses must be University Transferable to at least one of the Research Universities (SFU, UBC, UBCO, UNBC, UVIC) - according to the BC Transfer Guide
- 50% (30 credits) of all coursework must be completed at Douglas College (unless you continue at Douglas College to complete the Bachelor of Arts, Applied Psychology program you will have met the residency requirement)

Required Courses:

To complete an Associate of Arts Degree with a Specialization in Psychology, students must complete:

- 18 or more credits (of the 60 credits required for their associate degree) in Psychology
- 9 of those 18 credits must be considered second-year courses.

The following Psychology courses are required for Admission into the Bachelor of Arts in Applied Psychology:

Required (Mandatory) Psychology Courses:

[PSYC 1100](#) An Introduction to Psychology I 3 credits

[PSYC 1200](#) An Introduction to Psychology II 3 credits

[PSYC 2300](#) Data Analysis in Psychology 3 credits

[PSYC 2301](#) Research Methods in Psychology 3 credits

Choice of two (2) of the following:

[PSYC 1130](#) Lifespan Human Development 3 credits

[PSYC 2315](#) Biological Bases of Behaviour 3 credits

[PSYC 2341](#) Psychological Disorders and Treatment 3 credits

[PSYC 2360](#) Cognitive Psychology 3 credits

The following are the general requirements for an Associate of Arts Degree at any BC college:

Two (2) first year English electives (ENGL 1130 <i>recommended</i>)	6 credits
Two (2) Humanities electives (PHIL 1101 <i>recommended</i>)	6 credits
Two (2) Social Sciences electives	6 credits
Two (2) Arts electives (outside of Psychology)	6 credits
Six (6) second year Arts electives (in 2 or more subject areas)	18 credits
One (1) Lab Science elective	3 credits
One (1) Math, Statistics or Computing Science elective	3 credits
One (1) Math, Statistics or Science elective	3 credits
Three (3) other University Transfer electives	9 credits

TOTAL of 60 credits minimum

Note: Please ensure you are clear on the BA requirements and plan ahead!

See [Associate of Arts, Psychology Degree, Graduation Requirements Checklist fillable](#)

For more information contact the Psychology Coordinator,

Dr. Stephen Rochefort: rocheforts@douglascollege.ca

Book an online advising appointment:



ASSOCIATE OF ARTS DEGREE, PRE-BACHELOR PSYCHOLOGY

An Associate of Arts (AA) degree is a **combination of 60 credits** which include: English, Humanities, Social Sciences, and Lab Science/Math/Science courses.

This combination of courses is typically required for entry into most Bachelor of Arts programs across BC (but you should check with individual Universities/Colleges for requirements).

The AA is the preferred mix of courses **needed for entry into our Douglas College Bachelor of Applied Psychology program**. This serves as the first 2 years of your 4 year Bachelor of Arts degree.

In addition, you need to take some **specific Psychology courses** including [PSYC 2300](#) Data Analysis in Psychology. To take this course you need a C or better in Foundations of Math 11 or Precalculus 11 (or equivalent).

For students who have Math 11 with a C (or equivalent upgrading), we have created a special AA program called the **AA Pre-Bachelors Psychology**. This degree is the same as the Associate of Arts, Psychology but includes the Psychology courses you need to get into our BA program AND it gives you **PRIORITY REGISTRATION**.

Required (Mandatory) Psychology Courses:

PSYC 1100	An Introduction to Psychology I	3 credits
PSYC 1200	An Introduction to Psychology II	3 credits
PSYC 2300	Data Analysis in Psychology (Math 11 prerequisite)	3 credits
PSYC 2301	Research Methods in Psychology	3 credits

Choice of two (2) of the following:

PSYC 1130	Lifespan Human Development	3 credits
PSYC 2315	Biological Bases of Behaviour	3 credits
PSYC 2341	Psychological Disorders and Treatment	3 credits
PSYC 2360	Cognitive Psychology	3 credits

For more information contact the Psychology Coordinator,

Dr. Stephen Rochefort: rocheforts@douglascollege.ca

Book an online advising appointment:



MINOR IN PSYCHOLOGY

Students majoring in other Douglas College bachelor's degree programs can choose to earn a Minor in psychology. Psychological theory, research and practice complement many other disciplines including business administration, marketing, nursing, criminology, child and youth care, community rehabilitation, therapeutic recreation, and physical education and coaching. The structure of the minor in psychology is thirty (30) credits that include:

PSYC 1100	An Introduction to Psychology I	3 credits
PSYC 1200	An Introduction to Psychology II	3 credits
PSYC 2301	Research Methods in Psychology (or equivalent)	3 credits

Choice of two (2) of the following:

1000 or 2000 level Psychology courses 6 credits

Choice of five (5) of the following:

3000 or 4000 level Psychology courses 15 credits

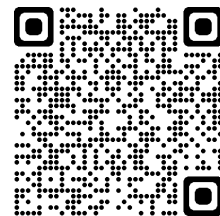
See [Minor in Psychology Checklist](#)

If you have questions about Minor in Psychology, please contact:

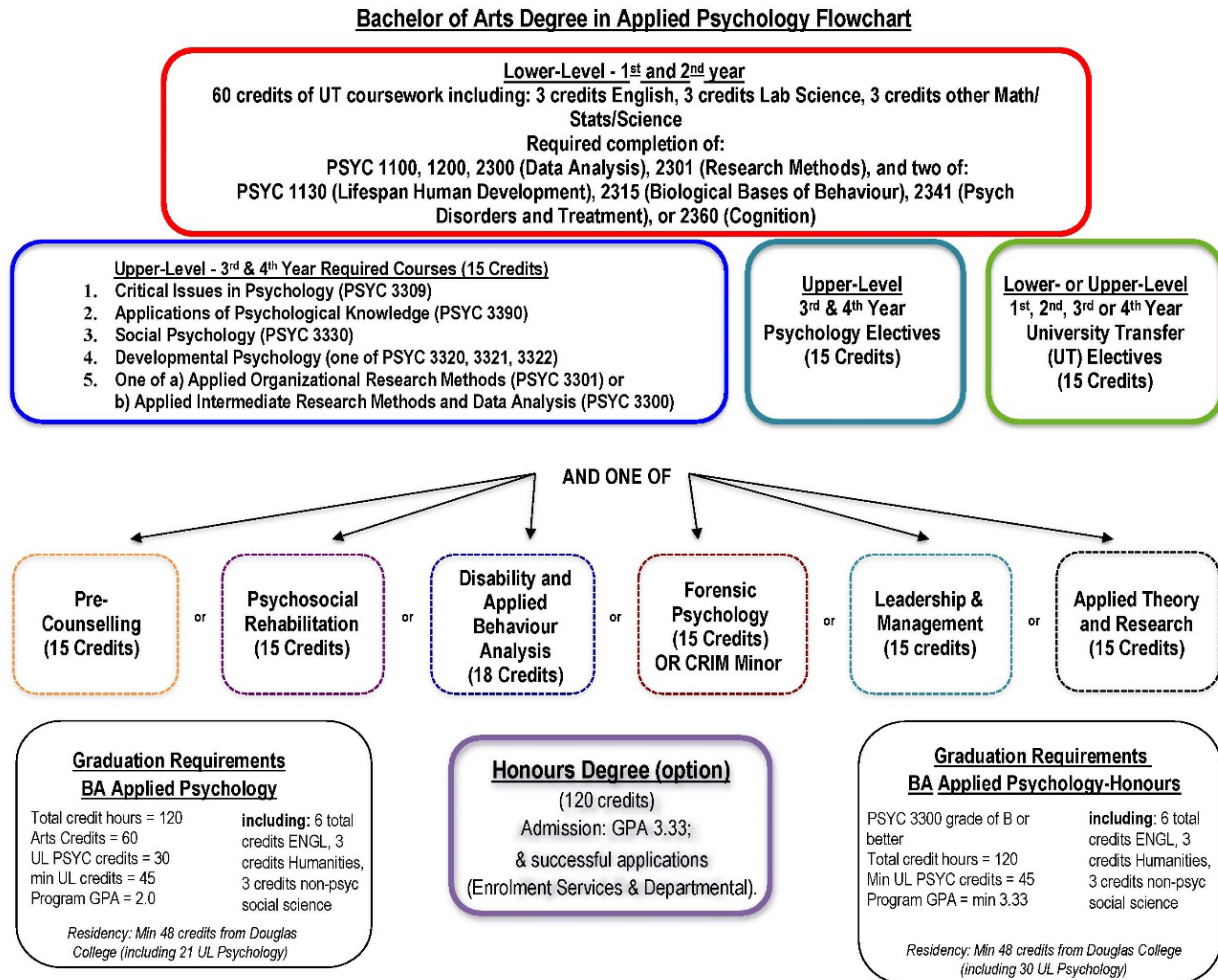
Dr. Laura Dane, Coordinator BA Applied Psychology

danel@douglascollege.ca

BOOK an online advising appointment:



BA DEGREE IN APPLIED PSYCHOLOGY FLOWCHART



See [Bachelor of Arts Degree in Applied Psychology Flowchart](#)

For more information:

Contact the AA Psychology Coordinator, Dr. Stephen Rochefort: rocheforts@douglascollege.ca

OR

Contact the BA Psychology / Honours Coordinator, Dr. Laura Dane danel@douglascollege.ca

BACHELOR OF ARTS IN APPLIED PSYCHOLOGY

The Bachelor of Arts in Applied Psychology is a third-year entry program that provides you with a core background in psychological theory and research while integrating courses from areas in the workplace where psychology is typically applied. As with traditional psychology degrees, you will complete at least 30 upper-level credits in psychology courses.

If you intend to apply to this program, please contact **the Coordinator, Dr. Dane at:** danel@douglascollege.ca within your first two years at Douglas for advisement on course selection, concentrations, career paths etc. Please note that you can only apply to the program after you have completed 60 credits of undergraduate coursework (typically an Associate of Arts or Associate of Science).

Entrance Requirements effective January 2025:

While the Associate of Arts and Associate of Science continue to be the most common ways to enter the BA program we have modified the entrance requirements for the BA to accommodate students coming in from different 2 year diploma programs and students transferring in from elsewhere. Below are the new entrance requirements for the BA program starting in January 2025.

One (1) English elective (ENGL 1130 <i>recommended</i>)	3 credits
One (1) Lab Science elective	3 credits
One (1) Math, Statistics or Science elective (PSYC 2315 can go here)	3 credits
Eleven (11) other University Transfer electives	33 credits

Plus

Required (Mandatory) Psychology Courses:

<input type="checkbox"/> PSYC 1100 An Introduction to Psychology I	3 credits
PSYC 1200 An Introduction to Psychology II	3 credits
PSYC 2300 Data Analysis in Psychology (Math 11 prerequisite)	3 credits
PSYC 2301 Research Methods in Psychology	3 credits

Choice of two (2) of the following:

PSYC 1130 Lifespan Human Development	3 credits
PSYC 2315 Biological Bases of Behaviour	3 credits
PSYC 2341 Psychological Disorders and Treatment	3 credits
PSYC 2360 Cognitive Psychology	3 credits

See the Admissions Requirement tab on the website: [BA Applied Psychology](#) for courses you need to complete before applying to the program. Acceptance into the BA Applied Psychology Program will provide you with priority registration.

See [Bachelor of Arts in Applied Psychology, Entrance Requirements Checklist effective Winter 2025](#)

Graduation Requirements:

During your third and fourth years, you will focus on at least one 15 or 18 credit concentration in the following areas where psychology is typically applied in the workplace:

- Applied Theory and Research
- Disability and Applied Behaviour Analysis (18 credits)
- Forensic/Criminology
- Leadership and Management
- Pre-Counselling
- Psychosocial Rehabilitation (PSR)

Required (Mandatory) Courses:

PSYC 3309	Critical Issues OR	3 credits
PSYC 3308	History and Philosophy of Modern Psychology	
PSYC 3330	An Introduction to Social Psychology	3 credits
PSYC 3390	Applications of Psychological Knowledge (Service Learning & Research)	3 credits

Choice of one (1) of the following:

PSYC 3320	Child Behavior and Development	3 credits
PSYC 3321	Developmental Psychology: Adolescence and Emerging Adulthood	3 credits
PSYC 3322	Developmental Psychology: Adulthood and Aging	3 credits

Choice of one (1) of the following:

PSYC 3300	Applied Intermediate Research Methods & Data Analysis	3 credits
PSYC 3301	Applied Data Analysis in Psychology	3 credits

Choice of five (5) Elective Courses:

3000-4000	Psychology courses	15 credits
1000-4000	University transfer courses from any discipline	15 credits

Choice of five (5) courses from one of the Applied Areas of Concentration: 15 credits

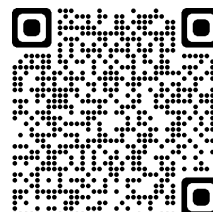
TOTAL of 120 credits minimum

See [Bachelor of Arts Degree in Applied Psychology Graduation Requirements Checklist fillable](#)

For more information contact the BA Psychology Coordinator,

Dr. Laura Dane danel@douglascollege.ca

BOOK an online advising appointment:



Applied Areas of Concentration:

Students will choose ONE of the following Applied Areas of Concentration 15-18 credits.

1 [Applied Theory and Research](#)

This flexible concentration allows students to work on breadth and to be well prepared for graduate studies in experimental psychology.

2 [Disability and Applied Behaviour Analysis](#)

Disability and Applied Behavioural Analysis is an 18 credit package of courses that prepare students to write exams for the Behaviour Analyst Certification Board and Teacher Qualification Service. Many of our student and alumni work in the area of behavior intervention, supporting children with a developmental disability to regulate their behaviours in home and school settings.

The DABA concentration requires special admissions. Courses run as a cohort and are only offered in the specified semesters. The courses must be completed in one academic year.

3 [Forensic Criminology](#)

We have teamed up with our amazing criminology department to offer a strong package of courses for those interested in working in the justice system. See also [Applied Criminology Minor](#)

4 [Leadership and Management](#)

Leadership and Management concentration is a great option for students who would like to work in human resources or who plan to start their own business.

5 [Pre-Counselling](#)

Pre-Counselling concentration is designed to provide students courses typically required as pre-requisites for application to a graduate program in Counselling Psychology.

6 [Psychosocial Rehabilitation](#)

Psychosocial Rehabilitation (PSR) transcends disciplinary training and brings people from variety of training to learn an evidence-based set of models of practice, values, tools and techniques. This enables workers, regardless of their area of discipline, to support people with serious mental health and addiction to achieve full social inclusion. This is a credential and skill set sought after by employers as they seek to transform mental health systems and services for the better. Upon completion of this concentration, you will be eligible to write the Certified Psychiatric Rehabilitation Practitioners (CPRP) exam, which is recognized throughout Canada and the US.

PSR concentration requires special admissions. The courses run as a cohort and are only offered in specified semesters (Fall, Winter and Summer).

BACHELOR OF ARTS IN APPLIED PSYCHOLOGY-HONOURS

The Bachelor of Arts in Applied Psychology - Honours degree will benefit students interested in pursuing graduate work in areas such as Psychology, Criminology, and Education by providing them with an opportunity to develop and carry out supervised, independent research. This program has the same basic structure as the Bachelor of Arts in Applied Psychology; however, it requires a higher CGPA (3.33) for admission, a minimum of 45 credits in 3000-4000 level psychology courses and students will complete one (3 credit) seminar course and two semesters of supervised research (3 credits each) culminating in a thesis paper.

Admission into the Honours program will typically occur in a students' third year of study. Applications must be submitted to both the registrar and the department by May 1 before you wish to begin your Honours year (starts in Fall semester).

Admission Requirements: BA in Applied Psychology – Honours:

1. An Associate of Arts degree in Psychology (or equivalent).
2. A minimum cumulative GPA of 3.33.
3. Completion of [PSYC 3300](#) Applied Intermediate Research Methods and Data Analysis with a minimum grade of B+; *and*
4. A completed application form from the Psychology Department, including agreement from a Psychology faculty member to supervise the Honours thesis.

Graduation Requirements: BA in Applied Psychology – Honours:

1. Completion of 120 credits total;
2. Completion of at least 45 credits in upper-level psychology including the Honours seminar and Honours thesis courses;
3. Cumulative GPA of 3.0; and
4. Cumulative GPA for [PSYC 4400](#) (Honours Thesis I) and [PSYC 4410](#) (Honours Thesis II) of 3.33.

Required (Mandatory) Courses:

PSYC 3300	Applied Intermediate Research Methods and Data Analysis	3 credits
PSYC 3309 PSYC 3308	Critical Issues in Psychology OR History and Philosophy of Modern Psychology	3 credits
PSYC 3330	An Introduction to Social Psychology	3 credits
PSYC 3390	Applications of Psychological Knowledge	3 credits
PSYC 4390	Honours Seminar	3 credits
PSYC 4400	Honours Thesis I	3 credits
PSYC 4410	Honours Thesis II	3 credits

Choice of One (1):

PSYC 3320	Child Behavior and Development	3 credits
PSYC 3321	Adolescent Psychology	3 credits
PSYC 3322	Developmental Psychology: Adulthood and Aging	3 credits

Choice of two (2) Elective Courses:

3000-4000	Psychology courses	6 credits
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Choice of Five (5) Courses:

1000-4000	University transfer courses from any discipline	15 credits
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Choice of five (5) courses in an Applied Area of Concentration:	15 credits
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Note: The BA in Applied Psychology – Honours is best suited for students who are interested in applying for graduate school, or who would like more intensive research experience.

See [Bachelor of Arts in Applied Psychology Honours Degree, Graduation Requirements Checklist](#)

For more information contact the BA Psychology Coordinator,

Dr. Laura Dane danel@douglascollege.ca

BOOK an online advising appointment:



GRADUATE DIPLOMA IN PSYCHOSOCIAL REHABILITATION

The Graduate Diploma in Psychosocial Rehabilitation is a one-year, part-time program that will prepare you for the challenging and rewarding field of recovery-based mental health services. This is the only program of its kind in Western Canada. If you are currently employed in this area or a related field, you can complete this diploma while you work. This program is now offered completely online to make it accessible from all regions of Canada. Upon completion of this graduate diploma, you will be eligible to write the Certified Psychiatric Rehabilitation Practitioners (CPRP) exam, which is recognized throughout Canada and the US.

Admission Requirements:

- 1) Bachelor's degree from an accredited post-secondary institution in Canada, or any English speaking country.
- 2) Douglas College English language proficiency requirement of English 12 with a grade of "C" or acceptable substitution.
- 3) Proof of completion of the following undergraduate course - Psychological Disorders and Treatment (Douglas College [PSYC 2341](#))*.

* This qualifying course is necessary to assure that bachelor's level entrants to the PSR program have a basic understanding of mental illness and treatments.

The PSR Graduate Diploma consists of five three-credit courses (15 credits).

Required (Mandatory) Courses:

PSYC 5001	Mental Health Services and Systems: History and Trends	3 credits
PSYC 5002	Psychosocial Rehabilitation and Recovery	3 credits
PSYC 5003	Psychosocial Rehabilitation Practitioner Competencies	3 credits
PSYC 5004	Psychosocial Rehabilitation: Best and Promising Practices	3 credits
PSYC 5005	Seminar and Practicum in Psychosocial Rehabilitation	3 credits

If you have questions about the Graduate Diploma in PSR please contact:

Dr. Regina Casey, Coordinator Psychosocial Rehabilitation caseyr@douglascollege.ca

Careers in Psychology Related Fields

One of the best strategies for educational planning is to search for job postings in areas of interest and find out what level of education or degrees are required. If a graduate degree is required, check out the requirements for graduate programs to see which undergraduate courses you might need to take.

<p>Entry-Level Jobs for Diploma Grads:</p> <ul style="list-style-type: none"> Administrative Officer / Assistant Behaviour Support Worker / Interventionist Camp Counsellor Caregiver Community Activities / Services Coordinator Community Liaison Worker Correctional Officer Education Assistant Event Planner / Coordinator Family and Community Support Worker Group Mentoring Coordinator Immigration Case Manager Job Developer Laboratory / Research Assistant Learning Inclusion Support Worker Marketing Assistant Mental Health and Addictions Support Worker Outreach Worker (Housing, Indigenous) Peer Support Worker Peer Tutor Program Assistant Settlement and Integration Services Officer Youth Worker / Navigator Volunteer Coordinator <p>Entry-Level Jobs for BA Grads:</p> <ul style="list-style-type: none"> Academic / Accessibility Advisor Addictions Counsellor Advertising Copywriter Career Coach / Facilitator Case Manager Child Protection Worker Cognitive Remediation Facilitator Community Liaison / Engagement Officer Counsellor Conflict Mediator Data / Research Analyst / Strategist Diversity and Inclusion Lead Employment Counsellor Enrollment Advisor (College, University) Family Enhancement Counsellor Fundraiser / Development Officer Gender Equality and Social Inclusion Advisor Guardianship Social Worker Hospice Coordinator Housing Manager Housing Access and Assessment Coordinator Human Resources Advisor Immigration / Border Officer 	<p>Entry-Level Jobs for BA Grads cont.:</p> <ul style="list-style-type: none"> Laboratory Assistant Laboratory / Research Manager Learning and Development Specialist Market Researcher Mental Health Evaluation Coordinator Mental Health and Substance Use Intake Screener Military Personnel Neurological Scale Administrator Out of Care Worker, BC Public Service Outreach Case Manager / Counsellor Probation / Parole Officer Project Coordinator Program Coordinator / Evaluator Psychiatric Rehabilitation Worker Psychologist Assistant Psychology Lab Technician Psychometrist Psychological Testing Asst. Public Relations Specialist Remediation Facilitator Research Assistant Research Grants / Projects Coordinator Restorative Action Teacher Settlement Wellness Case Manager Social Program Officer Student Engagement Coordinator Student Success Advisor Supportive Child Development Consultant Technical Writer Vocational Rehabilitation Counsellor Youth Worker (Development, Engagement, Family Support, Prevention, Protection, Shelter) <p>Careers with Additional Credentials:</p> <ul style="list-style-type: none"> Behaviour Analyst / Consultant Clinical Supervisor Human Resources Advisor / Manager Lawyer Mental Health and Wellness Consultant Nurse (Psychiatric, Registered) Physician (Psychiatrist, etc.) Post-Secondary Instructor Psychometrist Psychotherapist Recreation Therapist Registered Psychologist Social Behaviour Scientist Social Worker Speech and Language Pathologist Teacher
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