

Fall Seasonal MENU

ENJOY ONE OF THESE LIMITED TIME FEATURES!

BREAKFAST

MATCHA ALMOND CHIA PARFAIT 7.49

ALMOND MILK, HONEY, CHIA SEEDS

12" WESTERN OMELETTE 8.99

BREAKFAST WRAP

HAM, GREEN PEPPER, ONION OMELETTE
WRAPPED WITH CHEDDAR CHEESE

HOT APPETIZERS

SPANAKOPITA (12 pc) 29.99

PHYLLO PASTRY STUFFED WITH SPINACH
AND FETA CHEESE

BUFFET

LEMON PEPPER GRILLED 19

SALMON (4 OZ)

GRILLED SALMON WITH LEMON, OLIVE OIL,
SALT AND PEPPER

GOURMET FALL GRILLED 4

VEGETABLES

ZUCCHINI, RED BELL PEPPERS, ONIONS
PORTOBELLO MUSHROOMS

OVEN-FRIED RED BLISS 4

POTATOES WITH FRESH

ROSEMARY

STEALTH VEGETABLES TOSSED IN OVEN-
FRIED RED POTATOES AND FRAGRANT
ROSEMARY

SALAD

APPLE WALNUT SPINACH SALAD 7.99

WITH CRANBERRY VINAIGRETTE

ROASTED APPLES AND WALNUTS SERVED OVER
FRESH SPINACH AND TOSSED WITH A
HOUSEMADE CRANBERRY VINAIGRETTE

SANDWICH

TURKEY WITH CRANBERRY 12.99

CIABATTA

SMOKED TURKEY, PROVOLONE CHEESE, BLACK
OLIVES, LETTUCE, CRANBERRY MAYONNAISE

SNACKS

SPICED TWIST BREAD STICK 1.99

TWIST BREAD STICK WITH CINNAMON SUGAR
AND NUTMEG

CHEESE PUMPKIN SPICE DANISH 4.29

SWEETS

APPLE COBLER 7.99

A RUSTIC DISH OF APPLES BUBBLING IN THEIR
JUICES BENEATH A BISCUIT CRUST

For catering orders dated from October 21st until November 23rd.

Pricing per person, unless stated otherwise. Minimum order requirements. Contact our catering department to learn more! 604.527.5947 67851@compass-canada.com