



**EFFECTIVE: SEPTEMBER 2002**

**CURRICULUM GUIDELINES**

**A:** Division: **Instructional**

Date: **June 18, 2001**

**B:** Department/  
Program Area: **Health Sciences**

New Course  Revision

If Revision, Section(s) Revised: **F, N, O**

Date Last Revised:

**C:** **NURS 108**

**D:** **Nursing Practice I**

**E:** **3.5**

Subject & Course No.	Descriptive Title	Semester Credits							
<p><b>F:</b> Calendar Description: In this course, students are provided with an introduction to nursing practice. They have opportunities to learn basic nursing skills with a focus on assessment skills, and experience nurses' work in a variety of settings. In addition, participants are introduced to the concept of family in relationship to nursing and health promotion.</p>									
<p><b>G:</b> Allocation of Contact Hours to Types of Instruction/Learning Settings</p> <p>Primary Methods of Instructional Delivery and/or Learning Settings:</p> <p><b>Lecture/Seminar</b> <b>Laboratory</b> <b>Clinical Experience</b> <b>Other: Nurse's Work and Family Visits, and related activities</b></p> <p>Number of Contact Hours: (per week / semester for each descriptor)</p> <table style="width: 100%;"> <tr> <td><b>Lecture/Seminar</b></td> <td style="text-align: right;"><b>2.0/wk</b></td> </tr> <tr> <td><b>Laboratory</b></td> <td style="text-align: right;"><b>2.0/wk</b></td> </tr> <tr> <td><b>Clinical Experience</b></td> <td style="text-align: right;"><b>(8/semester)</b></td> </tr> <tr> <td><b>Other</b></td> <td style="text-align: right;"><b>1.5/wk</b></td> </tr> </table> <p>Number of Weeks per Semester: <b>15</b></p>	<b>Lecture/Seminar</b>	<b>2.0/wk</b>	<b>Laboratory</b>	<b>2.0/wk</b>	<b>Clinical Experience</b>	<b>(8/semester)</b>	<b>Other</b>	<b>1.5/wk</b>	<p><b>H:</b> Course Prerequisites:  <b>NONE</b></p>
	<b>Lecture/Seminar</b>	<b>2.0/wk</b>							
	<b>Laboratory</b>	<b>2.0/wk</b>							
	<b>Clinical Experience</b>	<b>(8/semester)</b>							
<b>Other</b>	<b>1.5/wk</b>								
	<p><b>I:</b> Course Corequisites:  <b>NURS 105 + NURS 106 + NURS 113 (All recommended)</b></p>								
	<p><b>J:</b> Course for which this Course is a Prerequisite:  <b>NURS 118</b></p>								
	<p><b>K:</b> Maximum Class Size:</p> <table style="width: 100%;"> <tr> <td><b>Lecture/seminar</b></td> <td style="text-align: right;"><b>36</b></td> </tr> <tr> <td><b>Laboratory</b></td> <td style="text-align: right;"><b>24</b></td> </tr> <tr> <td><b>Clinical Experience</b></td> <td style="text-align: right;"><b>6</b></td> </tr> <tr> <td><b>Other</b></td> <td style="text-align: right;"><b>36</b></td> </tr> </table>	<b>Lecture/seminar</b>	<b>36</b>	<b>Laboratory</b>	<b>24</b>	<b>Clinical Experience</b>	<b>6</b>	<b>Other</b>	<b>36</b>
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<p><b>L:</b> PLEASE INDICATE:</p> <table style="width: 100%;"> <tr> <td style="width: 50px;"><input type="checkbox"/></td> <td>Non-Credit</td> </tr> <tr> <td><input type="checkbox"/></td> <td>College Credit Non-Transfer</td> </tr> <tr> <td><input checked="" type="checkbox"/></td> <td>College Credit Transfer:</td> </tr> </table> <p style="text-align: center;">Requested <input type="checkbox"/> Granted <input checked="" type="checkbox"/></p>			<input type="checkbox"/>	Non-Credit	<input type="checkbox"/>	College Credit Non-Transfer	<input checked="" type="checkbox"/>	College Credit Transfer:	
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SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS ([www.bccat.bc.ca](http://www.bccat.bc.ca))

Direct transfer to Collaborative Nursing Program in B.C. partner sites.

**M:** Course Objectives/Learning Outcomes [Ends-in-view]

In Nursing Practice I, clients' experiences with health and the metaconcepts health promotion and caring are emphasized.

This course provides opportunities for students to:

- C Learn basic health assessment and other selected basic psychomotor nursing skills
- C Gain a beginning understanding of clinical decision-making
- C Explore the breadth of the role of the professional nurse in the practice setting
- C Experience nurses' work in a variety of settings
- C Gain a beginning understanding of how families promote health and interact with the health care system
- C Engage with families in the community
- C Experience families' perceptions and values of health, healing and health promotion
- C Synthesize learning from other first semester courses

**N:** Course Content [Overview]

In Nursing Practice I, clients' experiences with health and the metaconcepts health promotion and caring are emphasized. Students engage with healthy families and individuals in the community and with nurses in practice to explore the breadth of nurses' work and to practice selected nursing skills. Learning activities involve home visits to a resource family (3-4), nurses' work experiences (a minimum of 3 sessions), opportunities to practice basic nursing skills including assessment skills with a healthy individual in the community (8 hrs), and discussion in praxis seminars. In the nursing laboratory, students have opportunities to develop basic assessment and other selected nursing skills.

In praxis seminars, a variety of concepts from semester courses are addressed such as:

- Praxis
- Personal meaning and experience of health and healing – others
- Family as a resource
- Community as context
- Nurses' work
- \*Relationship
  - - Engagement
- Legal issues
  - - Documenting care
- Medical asepsis
- Nursing practice decision-making (introduction)
- Assessment
  - - Basic physical assessment
  - - Health profile
  - - Individual/family
- Critical thinking
- Evidence-based practice
- Mobility (basic body mechanics)
- Basic hygiene care
- Personal safety

**O:** Methods of Instruction [Learning Process]

In this course, students engage in a variety of learning activities. Learning activities may occur in nursing practice settings, the homes of resource families, community agencies, the nursing laboratory, and praxis seminars. In the nursing laboratory, students have opportunities to develop practice skills and to engage in simulations that enable them to provide safe nursing care. Praxis involves the examination of the dynamic interplay between theory and practice. Praxis is operationalized through critical reflection, journal writing and participation in seminars. Nursing practice experience provides students with opportunities to apply knowledge, concepts and theories and creates a “need to know” generating the topics of discussion, exploration and integration in praxis seminars and the stimulus for self-directed learning.

**P:** Textbooks and Materials to be Purchased by Students [and other Learning Resources]

## 1. Planned Praxis Experiences

- Ⓒ Personal experience
- Ⓒ Resource family
- Ⓒ Nurses’ work experiences
- Ⓒ Practice experience with healthy individuals in the community
- Ⓒ Nursing laboratory

2. A list of recommended textbooks and materials is provided for students at the beginning of each semester.

## 3. Other Resources

- Ⓒ Selected readings from books and professional journals
- Ⓒ Health professionals
- Ⓒ Selected audiovisual and computer resources
- Ⓒ Nursing laboratory equipment and supplies

**Q:** Means of Assessment

Course evaluation is consistent with Douglas College Curriculum Development and Approval policy. An evaluation schedule is presented at the beginning of the course. Respect for individual choice and an openness to negotiation guide decisions about methods of evaluation.

This is a mastery course.

**R:** Prior Learning Assessment and Recognition: specify whether course is open for PLAR

No.

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 Course Designer(s)

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 Education Council/Curriculum Committee Representative

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 Dean/Director

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 Registrar