

**DOUGLAS COLLEGE**

A: Division: **INSTRUCTIONAL**

Date: **October 15, 1996**

B: Department: **HEALTH SCIENCES**

New Course: **No**

Revision of Course: **Yes**

C: **NURS 118**

D: **NURSING PRACTISE I**

E: **7.0**

Subject & Course No.

Descriptive Title

Semester Credit

F: Calendar Description:

In this first nursing practice course, students have opportunities to develop caring relationships with clients and to engage in nurses' work. Students' work with individuals and families occurs in home and community agencies and care facilities. Through praxis, students reflect upon the complexities of caring for families with chronic health challenges and develop sensitivity toward the experience of health as viewed through the individual's/family's perspective. This course is interactive, and integrates all previous learning experiences.

Summary of Revisions: (Enter date & section) Eg: Section C,E,F

**1996-10-15, Sections F, O, P**

G: Type of Instruction: Hrs. per Week

Lecture:		Hrs.
Laboratory:	3	Hrs.
Seminar:	2	Hrs.
Clinical Experience:	8	Hrs.
Field Experience:		Hrs.
Practicum:		Hrs.
Shop:		Hrs.
Studio:		Hrs.
Student Directed Learning:		Hrs.
Other:		
Family & community resource visits and related activities:	2	Hrs.
Total:	15	Hrs.

H: Course Prerequisites:

**NURS 109 + NURS 113 + NURS 114 + BIOL 103**

I: Course Corequisites:

**NURS 119 + NURS 123 + BIOL 203 (all recommended)**

J: Course for which this Course is a Prerequisite:

**NURS 128**

K: Maximum Class Size:

**Lecture/Seminar/Other: 40  
Laboratory: 24  
Clinical Experience: 8**

L: College Credit Transfer

College Credit Non-Transfer

M: Transfer Credit:

Requested:

Granted:

Specify Course Equivalents or Unassigned Credit as appropriate:

U.B.C.

S.F.U.

U. Vic.

U.N.B.C.

Other:

**Direct transfer to Collaborative Nursing**

**Program in B.C. partner sites**

**Part of block transfer to degree completion**

**programs at U.Vic, U.B.C. and U.N.B.C.**

*Norma Daskie*

Course Designer(s)

*John Wood*

Dean

*[Signature]*  
Vice-President - Instruction  
*[Signature]*  
Registrar

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Subject and Course Number

**N. LEARNING RESOURCES**

**1. Planned Praxis Experience**

- Personal experience
- Resource family
- Family experiencing chronic health challenge
- Community agencies and resources
- Nursing practise experience in acute medical and long-term health care settings
- Nursing laboratory

**2. Textbooks and Materials to be Purchased by Students**

A list of recommended textbooks and materials is provided for students at the beginning of each semester.

**3. Other Resources**

- Nursing practise resources
- Other resource books and journals
- Community resources
- Health professionals
- Selected audiovisual and computer resources
- Nursing laboratory equipment and supplies

**O. ENDS-IN-VIEW**

In Nursing Practise I clients' experiences with chronic health challenges, and the metaconcepts health promotion and caring are emphasized.

This course provides opportunities for students to:

- practise professionally, promote a safe and supportive environment, and develop caring relationships as they engage families experiencing chronic health challenge
- become active participants in the construction of their own knowledge as they generate concepts and theories from practise and in turn relate concepts and theories to practise
- develop an initial understanding of clinical decision-making and the complexity of relationships within families
- develop beginning proficiency in individual and family assessment, basic hygiene, comfort and safety measures

**P. OVERVIEW OF COURSE CONTENT**

In Nursing Practise I clients' experiences with chronic health challenges, and the metaconcepts health promotion and caring are emphasized. Learning activities incorporate concepts from all courses within the semester. This course includes nursing practise and laboratory experiences and praxis seminars. Clinical experience will take place in long-term and acute medical health care settings. In addition to clinical agency activities, learning activities will involve home visits to a resource family (2 visits) and a family experiencing a chronic health challenge (3-4 visits), and visits to community agencies which provide support to individuals and families experiencing chronic health challenges (1-2 visits). In the nursing laboratory, students will have opportunities to develop practise skills which reflect the following themes: asepsis, mobility, therapeutic agents/modalities, assessment and irrigation/drainage. In this course, students engage with clients (and their families) experiencing common and predictable health challenges. As well, students utilize decision-making and health promotion frameworks in working with individuals and families, identify and critique health promotion activities, work in collaboration with the health care team, report and record client care, are introduced to the concept of data base to examine client data for emerging patterns, explain own nursing care, and perform basic physical assessment.

**Q. LEARNING PROCESS**

It is the faculty's intent that a caring relationship develop among course participants modelling the type of relationship students will develop with clients and families experiencing chronic health challenges. Faculty explore with the student the role of the nurse working with families experiencing chronic health challenges and examine the interface of the family with the health care system. Learning activities provide opportunities for students to engage with families, to explore resources available to families and to experience simulated situations. Students derive knowledge from critically reflecting on both practical experience and theoretical experience. They identify and critique health promotion activities.

**R. COURSE EVALUATION**

Course evaluation is consistent with Douglas College course evaluation policy. An evaluation schedule is presented at the beginning of the course. Respect for individual choice and an openness to negotiation guide decisions about methods of evaluation.

A clinical appraisal form is used that encompasses the five domains of nursing practise (health and healing, teaching/learning, clinical judgment, professional responsibility, collaborative leadership), competencies, and quality indicators. Quality indicators incorporate the minimal semester requirements and address what a student should be able to know, be and do by the end of the semester. Nursing practise congruent with the quality indicators is an essential component of successful completion of this course.

This is a mastery course.