



**EFFECTIVE: SEPTEMBER 2002**

**CURRICULUM GUIDELINES**

**A:** Division: **Instructional** Date: **June 18, 2001**  
**B:** Department/ **Health Sciences** New Course  Revision   
 Program Area: If Revision, Section(s) Revised: **Sections D, N, O**  
 Date Last Revised: **December 20, 2000**

**C: NURS 219 D: Healing II: Complex Episodic Health Challenges E: 4.0**

Subject & Course No.	Descriptive Title	Semester Credits
<p><b>F:</b> Calendar Description:            Building on Healing Workshop I, students in this course have opportunities to broaden their understanding of people's experience with healing with particular reference to increasingly complex episodic health challenges. Students further develop their repertoire of nursing practise skills including critical thinking, decision making, interpersonal, organizational, and psychomotor skills to promote healing. Emphasis is placed on an increase in student self-directedness.</p>		
<p><b>G:</b> Allocation of Contact Hours to Types of Instruction/Learning Settings</p> <p>Primary Methods of Instructional Delivery and/or Learning Settings:</p> <p><b>Lecture/Seminar</b> <b>Laboratory</b></p> <p>Number of Contact Hours: (per week / semester for each descriptor)</p> <p><b>Lecture/Seminar</b>      <b>3.0/wk</b>  <b>Laboratory</b>            <b>3.0/wk</b></p> <p>Number of Weeks per Semester:    <b>15</b></p>	<p><b>H:</b> Course Prerequisites:            NURS 207 + NURS 209 or NURS 296</p>	
	<p><b>I:</b> Course Corequisites:            NURS 217 (recommended)</p>	
	<p><b>J:</b> Course for which this Course is a Prerequisite:            NURS 228</p>	
	<p><b>K:</b> Maximum Class Size:</p> <p>Lecture                            36            Laboratory                        24</p>	
<p><b>L:</b> PLEASE INDICATE:</p> <p><input type="checkbox"/> Non-Credit  <input type="checkbox"/> College Credit Non-Transfer  <input checked="" type="checkbox"/> College Credit Transfer:                      Requested <input type="checkbox"/>                      Granted <input checked="" type="checkbox"/></p> <p>SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS (<a href="http://www.bccat.bc.ca">www.bccat.bc.ca</a>)            Direct transfer to Collaborative Nursing Program in BC partnersites.</p>		

**M:** Course Objectives/Learning Outcomes [Ends-in-view]

This course is intended to foster the students' understanding of their clients' personal meaning of a variety of increasingly complex episodic health challenges. It provides students with further opportunities to:

- explore nurses' work in relation to clients' experiences with health and healing
- integrate theoretical knowledge within a caring context
- learn to practise safely through their ability to perform more complex nursing practise skills, further developing critical thinking, decision-making, and organizational, interpersonal and psychomotor skills
- become increasingly self-directed

**N:** Course Content [Overview]

This course consists of a seminar component and a laboratory component. In the seminar component, clients' experiences with complex episodic health challenges and the nurses' role in promoting health and healing are the focus of discussion.

An outline of concepts and essential content is presented below. Concepts are addressed in relation to four foundational concepts (ways of knowing, personal meaning, time/transitions, and culture/context) integrating the metaconcepts, health promotion and caring. Content related to the foundational concepts varies depending on the interests, choices and experiences of course participants. Course concepts are addressed through learning activities that are intended to actively engage students in integrating nursing practise skills.

Acute pain

Abuse

- self
- others
- system

Anxiety/fear

Control

- balance/imbalance
- empowerment
- ethical dilemmas
- loss of control
- technology

Courage

Healing

Resilience/Hardiness

Suffering

- personal situation
- socially created situations

Transition

- altered cellular growth
- trauma

Trust

Unpredictability

Vulnerability

- fatigue
- invasion
- violation

In the laboratory portion of the course, a variety of nursing practice skills commonly used in caring for clients with episodic health challenges are addressed.

<b>O:</b>	<ul style="list-style-type: none"> <li>• Methods of Instruction [Learning Process]</li> </ul> <p>Using an interactive format for simulations, paradigm cases, and other learning experiences participants gain an experiential knowledge of the course concepts in reference to episodic health challenges. Students integrate knowledge from clients' (individual and family) lived experiences, nursing theory, nurses' role, pathophysiology, and pharmacology in coming to understand these challenges. Through personal experience, participants have opportunities to develop nursing practice skills including critical thinking, clinical decision-making, organizational, interpersonal, and psychomotor skills.</p>
<b>P:</b>	<p>Textbooks and Materials to be Purchased by Students [and other Learning Resources]</p> <ol style="list-style-type: none"> <li>1. Planned Praxis Experience             <ul style="list-style-type: none"> <li>Ⓒ Personal experience</li> <li>Ⓒ Resource family</li> <li>Ⓒ Generative family</li> <li>Ⓒ Family experiencing complex episodic health challenge</li> <li>Ⓒ Nursing practise experience</li> </ul> </li> <li>2. A list of recommended textbooks and materials is provided for students at the beginning of each semester.</li> <li>3. Other Resources             <ul style="list-style-type: none"> <li>• Selected readings</li> <li>• Selected audio-visual and computer resources</li> <li>• Nursing laboratory equipment and supplies</li> </ul> </li> </ol>
<b>Q:</b>	<p>Means of Assessment</p> <p>Evaluation is consistent with Douglas College Curriculum Development and Approval policy. There will be a minimum of three assessments which will typically include exams, quizzes, papers and/or student presentations. An evaluation schedule is presented at the beginning of the course. Respect for individual choices and an openness to negotiation guides decisions about methods of evaluation.</p> <p>This is a <u>graded</u> course.</p>
<b>R:</b>	<p>Prior Learning Assessment and Recognition: specify whether course is open for PLAR</p> <p>No.</p>

<hr/> Course Designer(s)	<hr/> Education Council/Curriculum Committee Representative
<hr/> Dean/Director	<hr/> Registrar